

# Bachelor of Counselling



Sunshine Coast, Semester 1 2024

## Program structure

Introductory courses (7) 84 units

CRM101 Introduction to Criminology  
COU101 Theories of Counselling: From Freud to Integrative Practice  
COU176 Group Processes and Practice  
COU180 Therapeutic Communication Skills  
PSY100 Introduction to Psychology A  
PSY101 Introduction to Psychology B  
SCS130 Introduction to Indigenous Australia

Developing and Graduate courses (13) 156 units

COU200 Cognitive Behaviour Therapy: Skills and Applications  
COU265 Strengths Based Counselling: Collaborative Approaches  
COU300 Counselling for Crisis, Trauma and Loss  
COU301 Positive Psychology for Counselling  
COU361 Counselling Development and Supervision 1  
COU362 Counselling Development and Supervision 2  
COU363 Counselling Placement 1  
COU364 Counselling Placement 2  
COU381 Developmental and Family Counselling  
PSY203 Introduction to Human Development  
SCS225 Social Research  
SCS290 Understanding Cultural Diversity  
SWK278 Ethics, Law and the Helping Professions

Elective courses (4) 48 units

Select 4 elective courses (48 units) from the undergraduate elective course options. Of these electives 1 course (12 units) must be developing or graduate level (200/300 coded).

Note: Program structures are subject to change. Not all UniSC courses are available on every UniSC campus.

**Total units: 288**

## Study sequence

Semester 1

COURSE	SEMESTER OF OFFER (SUNSHINE COAST)	UNITS	REQUISITES
CRM101 Introduction to Criminology	• Semester 1, Semester 2	12	Anti: JST102
COU180 Therapeutic Communication Skills	• Semester 1	12	Pre: The online course offering is not available to students enrolled in a Bachelor of Counselling or

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Counselling dual degree programs due to external accreditation.

Anti:  
SCS180

PSY100 Introduction to Psychology A	• Semester 1	12	Anti: SCS101
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SCS130 Introduction to Indigenous Australia	• Semester 1, Semester 2	12	
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#### Semester 2

COURSE	SEMESTER OF OFFER (SUNSHINE COAST)	UNITS	REQUISITES
COU101 Theories of Counselling: From Freud to Integrative Practice	• Semester 2	12	
PSY101 Introduction to Psychology B	• Semester 2	12	

PLUS select 2 elective courses from the undergraduate elective course options.

#### Semester 1

COURSE	SEMESTER OF OFFER (SUNSHINE COAST)	UNITS	REQUISITES
COU200 Cognitive Behaviour Therapy: Skills and Applications	• Semester 1	12	Pre: COU180 or SCS180
PSY203 Introduction to Human Development	• Semester 1	12	Pre: PSY100 and PSY101
SWK278 Ethics, Law and the Helping Professions	• Semester 1, Semester 2	12	Anti: SCS278

PLUS select 1 elective course from the undergraduate elective course options.

#### Semester 2

COURSE	SEMESTER OF OFFER (SUNSHINE COAST)	UNITS	REQUISITES
COU176 Group Processes and Practice	• Semester 2	12	Anti: SCS276 and COU276
COU265 Strengths Based Counselling: Collaborative Approaches	• Semester 2	12	Pre: COU180 or SCS180 or SCS280  Anti: SCS265
SCS225 Social Research	• Semester 2	12	Pre: Any 2 courses or enrolled in Program AR707 or AR708
SCS290 Understanding Cultural Diversity	• Semester 2	12	Pre: Any 2 courses

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## Semester 1

COURSE	SEMESTER OF OFFER (SUNSHINE COAST)	UNITS	REQUISITES
COU361 Counselling Development and Supervision 1	• Semester 1, Semester 2	12	Pre: COU180 and COU101 and COU176 and COU200 and COU265 and enrolled in Program AR375 or AR302 or AR303 or SA306  Co: COU363  Anti: COU261
COU363 Counselling Placement 1	• Semester 1, Semester 2	12	Pre: COU180 and COU265 and COU101 and COU176 and COU200 and enrolled in AR375, AR302 or AR303 or SA306  Co: COU361  Anti: COU263
COU300 Counselling for Crisis, Trauma and Loss	• Semester 1	12	Pre: (COU180 or SCS180) and (COU265 or SCS265 or SWK202) and enrolled in Program SA306, AR375, AR372, AR362, AR303 or AR302  Anti: SCS266
COU301 Positive Psychology for Counselling	• Semester 1	12	Pre: COU180 or SCS180 and enrolled in Program AR302, AR303, AR375 or SA306

## Semester 2

COURSE	SEMESTER OF OFFER (SUNSHINE COAST)	UNITS	REQUISITES
COU362 Counselling Development and Supervision 2	• Semester 1, Semester 2	12	Pre: (COU261 or COU361) or SWK201 and enrolled in Program AR375, AR302 or AR303  Co: COU264 or COU364  Anti: COU262

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COU364 Counselling Placement 2	• Semester 1, Semester 2	12	<p>Pre: COU180 and COU265 and COU101 and COU176 and COU200 and enrolled in Program AR302, AR303 or AR375 or SA306</p> <p>Co: COU362</p> <p>Anti: COU264</p>
COU381 Developmental and Family Counselling	• Semester 2	12	<p>Pre: (COU180 or SCS180 or SCS280) and (COU265 or SCS265) and COU200</p> <p>Anti: SCS281 and COU281</p>

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PLUS select 1 elective course from the undergraduate elective course options.

## Program requirements and notes

In order to graduate you must:

- Successfully complete 288 units as outlined in the Program Structure
- Complete no more than 10 introductory level (100 coded) courses

In order to commence field education placement you must:

- Hold a valid Blue Card, throughout the duration of your program, which is issued by the Commission for Children and Young People and Child Guardian (CCYPCG). You should allow 12 weeks for CCYPCG to issue the card. Note: students who do not possess a valid Blue Card will be unable to complete the field education component of their program and will be unable to meet graduation requirements
- Have a National Criminal History check (by Queensland Police Service or other state/territory authority)
- Travel to attend field education placements
- Please note, while all endeavours will be made to place students in a given semester, this is not guaranteed and students may need to enrol at a later time should a position in an agency be unavailable in the preferred semester

### Program notes

- Completing this program within the specified (full-time) duration is based on studying 48 unit points per semester (normally 4 courses) and following the recommended study sequence
- Most courses are valued at 12 units unless otherwise specified
- Courses within this program are assessed using a variety of assessment methods which may include essays, seminar presentations, reports, in-class tests and examinations
- As part of your UniSC program, you may apply to Study Overseas to undertake courses with an overseas higher education provider
- Only a full-time study option is available to international students on a Student Visa
- Refer to the Managing your progression page for help in understanding your program structure, reviewing your progress and planning remaining courses.

### Credit precedents

- The profession of counselling is accredited by two peak professional associations in Australia; the Australian Counselling Association (ACA) and the Psychotherapy and Counselling Federation of Australia (PACFA). Both of these peak bodies endorse the Bachelor of Counselling at UniSC. Compliance with the training standards of ACA and PACFA is necessary to maintain endorsement. In regard to awarding course credit, the PACFA training standard (standard 4.2) states that no academic credit is allowed for the client contact and clinical supervision requirements which takes place during training. At UniSC, this pertains to two

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courses – COU363 and COU364. However, given that COU361 and COU362 are co-requisites for COU363 and COU364 respectively, it includes them indirectly. E.g. you cannot enrol in COU363 without also studying its co-requisite, COU361. Other courses (not placement related courses) in the program can be considered for credit.