

# Master of Dietetics (Sports Nutrition)



Moreton Bay, Semester 2 2024

## Program structure

Advanced courses (4) 48 units

NUT500 Applied Public Health Nutrition  
NUT501 Sport and Exercise Nutrition Principles  
NUT502 Menu Design  
NUT503 Research Design

Specialised courses (8) 144 units

NUT600 Dietary Planning and Counselling  
NUT601 Advanced Sport and Exercise Nutrition  
NUT602 Healthy Food Systems  
NUT603 Dietetic Leadership and Professionalism(6 units)  
NUT700 Sport and Exercise Nutrition Research Project (36 units)  
NUT701 Dietetics Placement Sports Nutrition and Dietetics Placement (48 units)  
NUT702 Dietetic Entrepreneurship # (6 units)  
NUT703 Performance Nutrition Planning and Assessment #

Total units: 192

## Study sequence

Study Period 2

| COURSE                                         | SEMESTER OF OFFER<br>(MORETON BAY) | UNITS | REQUISITES                        |
|------------------------------------------------|------------------------------------|-------|-----------------------------------|
| NUT500 Applied Public Health Nutrition         | • Online: Semester 2               | 12    | Pre:<br>Enrolled in Program MC001 |
| NUT501 Sport and Exercise Nutrition Principles | • Semester 2                       | 12    | Pre:<br>Enrolled in Program MC001 |
| NUT502 Menu Design                             | • Semester 2                       | 12    | Pre:<br>Enrolled in Program MC001 |
| NUT503 Research Design                         | • Online: Semester 2               | 12    | Pre:<br>Enrolled in Program MC001 |

Study Period 1

| COURSE                                  | SEMESTER OF OFFER<br>(MORETON BAY) | UNITS | REQUISITES                                      |
|-----------------------------------------|------------------------------------|-------|-------------------------------------------------|
| NUT600 Dietary Planning and Counselling | • Not Currently Offered            | 12    | Pre:<br>NUT501 and enrolled in<br>Program MC001 |

[usc.edu.au/mc001](http://usc.edu.au/mc001)

University of the Sunshine Coast | CRICOS Provider Number: 01595D | Correct as at 20 May 2024

Study options and teaching period of offer can vary depending on the study location. For full details, visit [usc.edu.au](http://usc.edu.au).

|                                                |                                 |                                         |                                                            |
|------------------------------------------------|---------------------------------|-----------------------------------------|------------------------------------------------------------|
| NUT601 Advanced Sport and Exercise Nutrition   | • Not Currently Offered         | 12                                      | Pre:<br>NUT501 and NUT502 and<br>enrolled in Program MC001 |
| NUT602 Healthy Food Systems                    | • Online: Not Currently Offered | 12                                      | Pre:<br>NUT500 and enrolled in<br>Program MC001            |
| NUT603 Dietetic Leadership and Professionalism | • Not Currently Offered         | Pre:<br>Enrolled in<br>Program<br>MC001 |                                                            |
| NUT700                                         |                                 |                                         |                                                            |

#### Study Period 2

| COURSE                                                    | SEMESTER OF OFFER<br>(MORETON BAY) | UNITS                                                    | REQUISITES                           |
|-----------------------------------------------------------|------------------------------------|----------------------------------------------------------|--------------------------------------|
| NUT700                                                    |                                    |                                                          |                                      |
| NUT701                                                    |                                    |                                                          |                                      |
| NUT702 Dietetic Entrepreneurship #                        | • Not Currently Offered            | Pre:<br>NUT603<br>and<br>enrolled in<br>Program<br>MC001 |                                      |
| NUT703 Performance Nutrition Planning and<br>Assessment # | • Not Currently Offered            | 12                                                       | Pre:<br>NUT601 and enrolled in MC001 |

#### Study Period 1

| COURSE | SEMESTER OF OFFER<br>(MORETON BAY) | UNITS | REQUISITES |
|--------|------------------------------------|-------|------------|
| NUT700 |                                    |       |            |
| NUT701 |                                    |       |            |

## Program requirements and notes

To graduate from the Master of Dietetics (Sports Nutrition), a student is required to have completed:

- 4 Advanced courses (48 units)
- 8 Specialised courses (144 units)
- Students accepted into the program with a reduced volume of learning (including those from provisional direct entry) receive 48 units of credit and must complete all 8 specialised courses (144 units). Students accepted into the program with a reduced study volume will have demonstrated completion of the following courses or equivalents:
  - NUT205
  - NUT303
  - NUT333
  - NUT300
- Cross-institutional study is not permitted for the Master of Dietetics (Sports Nutrition)
- This program must be completed on a full time basis

[usc.edu.au/mc001](https://usc.edu.au/mc001)

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- NUT701 requires a minimum of 100 days of full-time placement

#### WIL notes

This program includes compulsory placements in settings that require full COVID-19 vaccination.

It is a Queensland Government requirement that students undertaking a placement within a clinical setting are fit tested annually for an approved respirator. Clinical settings include hospitals, residential aged care facilities, residential disability care facilities, prison health services, youth detention health services, community health care settings, and vaccination clinics). If the Fit Testing requirement applies to placement activity within your Program it will appear in your mandatory checks on Sonia Online. In accordance with Australian Standards, you must be clean shaven for your fit test. Facial hair that lies along the sealing surface of a tight-fitting respirator prevents an effective seal. Therefore, it is a requirement that there is no hair growth between the skin and the facepiece sealing surface in order to achieve a fit. At this stage, there is no exemption in Queensland to this requirement for religious or other reasons and UniSC is unable to waive this requirement.

In order to commence clinical placement, a student must:

- Hold a valid Blue Card from the Public Safety Business Agency (PSBA), throughout the duration of your program. You should allow 12 weeks for PSBA to issue the card. Note students who do not possess a valid Blue Card will be unable to complete the clinical practice component of their program and will be unable to meet graduation requirements
- Have a National Criminal History check (by Queensland Police Service or other state/territory authority)
- Show evidence of the Vaccine Preventable Diseases (VPD): Hepatitis B; Measles, Mumps and Rubella (MMR); Varicella (Chickenpox); Pertussis (Whooping Cough) (please note: this is included in the DTPA – Diphtheria, Tetanus, and Whooping Cough – combined vaccination)
- Complete an orientation package (a Queensland Health [QH] requirement) before undertaking any placement which involves QH. The package can be completed online
- Complete any other mandatory checks and pre-placement modules

You may be required to undertake some placements outside the Sunshine Coast region in metropolitan and regional/rural centres. Expenses for these and other placement requirements are to be incurred by you, the student. Placements are undertaken on a full-time basis.