

Sunshine Coast Mental Health Summit

A Catalyst for Action



24 & 25 June, 2010 ~ University of the Sunshine Coast

Program Day One

7:00am

Business Community Breakfast

Innovation Centre

6:45am

Breakfast Registration

7:00-8:45am

Business Community Breakfast

Community action on mental health

Keynote Speaker Professor Patrick McGorry – Professor of Psychiatry, University of Melbourne & Executive Director ORYGEN Youth Health Research Centre

Host Dr Peter Dobson, Board Chair, Sunshine Coast Division of General Practice

7:30-8:30am

Summit Registration, arrival tea & coffee

9:00am

Main Proceedings

Lecture Theatre 7

Chairman – Dr Peter Dobson

9:00-9:30

Welcome to Country:

Official Opening: Professor Greg Hill, Acting Vice Chancellor, University of the Sunshine Coast

9:30-10:00

Keynote Address 1: The Case for Community Action on Early Intervention

Professor Patrick McGorry, ORYGEN Youth Research Centre

10:00-10:30

Keynote Address 2: Developments in the Treatment of Mood Disorders

Professor Ian Hickie, Brain and Mind Institute, University of Sydney

10:30-10:55

Morning Tea

11:00

Mental Health Promotion: What is Working

Professor Rob Donovan, Centre Behavioural Research in Cancer, Curtin University

11:30

Media & Healthy Minds: The role of New Media in Mental Health Promotion & Early Intervention

Dr Jane Burns, VicHealth Senior Research Fellow & Inspire Foundation Director of International Partnerships

12:00

Panel Q & A – Professor John Mendoza

12:30

Lunch, Service Providers Expo & Centre for Healthy Minds Launch

Program Day One | Thursday 24th June, 2010

1:45pm Master Classes

"C" Block Tutorial Rooms

- Room 1 **Recovery Through Art, Film and Music**
Associate Professor Neil Cole, Mental Health Research Unit, University of Melbourne
and Consumer Consultant
Derek Foster, Community Support, FOCUS
- Room 2 **Lived Experience and Recovery Practices in Scotland and UK**
Mr Michael Burge, Consumer Consultant, Australian Mental Health Consumer Network
Ms Rebecca Schmelz, Consumer
- Room 3 **Consumers Co-Designing Services**
Dr Jonathan Harper, GP
Other speaker to be confirmed
- Room 4 **Consumer Led Research**
Associate Professor Kathy Griffiths, Centre for Mental Health Research, The Australian
National University
- Room 5 **Community Mental Health Promotion – Making it Happen Here**
Professor Rob Donovan, Centre Behavioural Research in Cancer, Curtin University
Professor John Mendoza, Chair, National Advisory Council on Mental Health
- Room 6 **Creating and Using Media for Mental Health Promotion**
Dr Jane Burns, VicHealth, Orygen Youth Health Research Centre, Inspire Foundation,
Brain & Mind Institute
Mr Simon Tatz, Director of Communications, Mental Health Council of Australia
Mr Mark Furler, Editor-in-Chief, Sunshine Coast Daily
- Room 7 **Responding to alcohol and drug issues with young people**
David Templeman, CEO, Alcohol and Other Drugs Council of Australia
Speaker to be confirmed
- Room 8 **The Role of First Responders to a Mental Health Crisis**
Lifeline
other speakers to be confirmed
- Room 9 **Integrated Services – “No Wrong Door”, The Mental Health Nurse Incentive
Program & Other Innovations**
Professor Ian Hickie, Brain and Mind Institute
Ms Kim Ryan, CEO, Australian College of Mental Health Nurses & Adjunct Associate
Professor University of Sydney
Ms Lynne Roberts, Service Integration Co-ordinator, Qld Mental Health Service
- Room 10 **Creating Effective Co-ordinated Services for Young People**
Professor Patrick McGorry, Professor of Psychiatry, University of Melbourne &
Executive Director ORYGEN Youth Health Research Centre
Mr Ivan Frkovic – Director, Community Mental Health Branch, Dept. of Communities
Ms Sue Scheinplug, CEO United Synergies
Mr Rob Bramwell, Manager Accommodation Services, IFYS
- 3:40 *Afternoon Tea*
- 4:00 **Workshop Culmination – Development of the Summit Statement –**
Chairs: Professor John Mendoza and Ms Jean McRuvie
The Sunshine Coast Community
- 5:15 **Close of Day One Conference**

Program Day One | Thursday 24th June, 2010

7:00pm

Public Forum

Lecture Theatre 7

7:00pm

Tea & Coffee

Mental Health Public Forum

7:30 –

Professor Patrick McGorry, Professor of Psychiatry, University of Melbourne &

9:30pm

Executive Director ORYGEN, Youth Health

Panel discussion

Members of the Panel to include key stakeholders in mental health in the region including GPs, private providers, NGOs and government services

Close of Day One

Program Day Two | Friday 25th June, 2010

7:30 8:30am Summit Registration, arrival tea & coffee

9:00am **Main Proceedings**

Lecture Theatre 7

9:00-9:10 **Opening**

9:10-9:50 **Keynote Address 1: The Role of Schools and University in Mental Health Prevention & Early Intervention**

Professor Patrick McGorry, Professor of Psychiatry, University of Melbourne & Executive Director ORYGEN, Youth Health

9:50-10:20 **Keynote Address 2: Developments in Neurobiology – What are the Lessons for Schools and Educators**

Professor Maxwell R. Bennett AO, Professor of Neuroscience, University Chair, Director Brain and Mind Research Institute, University of Sydney

10:20- *Morning Tea*

10:50 **ADHD and Associated Disorders in Young People**

Dr Phil Bird, Psychiatrist, Gosforth Clinic

11:20 **What next? - The Differential Impact of Life Events on Suicide Ideation**

Professor Peter Bycroft, Managing Director, Corporate Diagnostics

12:00 **Panel Q & A**

12:30 *Lunch*

Program Day Two | Friday 25th June, 2010

1:30pm

Master Classes

"C" Block Tutorial Rooms

- Room 1 **Recovery Through Art, Film and Music**
Associate Professor Neil Cole, Mental Health Research Unit, University of Melbourne
and Consumer Consultant
Derek Foster, Community Support, FOCUS
- Room 2 **Connecting Schools and Mental Health Services – MindMatters, KidsMatters & the EdLink Program**
Dr. Chris Lilley, Edlink
Lydia Najlepszy, MindMatters
Michael Hardie, KidsMatters Qld
- Room 3 **Mental Health, Alcohol and Other Drug Issues**
Mr Brad Levingston, Psychologist, Focus
Mr David Crosbie
- Room 4 **Overcoming Hurdles to Introducing Mental Health Curricula in Educational Settings**
Professor Margaret McAllister, Professor of Nursing, University of the Sunshine Coast
TAFE Sunshine Coast
Student Services, University of the Sunshine Coast
- Room 5 **Neurobiology Applied in the Curriculum**
Professor Maxwell R. Bennett AO, Professor of Neuroscience, University Chair, Director
Brain and Mind Research Institute, University of Sydney
Fast for Word Program – Our Lady of the Rosary Primary School
Other speaker to be confirmed
- Room 6 **Consumer Led Research**
Associate Professor Kathy Griffiths, Centre for Mental Health Research, The Australian
National University
Jeff Cheverton, CEO Queensland Mental Health Alliance
- Room 7 **Mental Health Promotion in various settings**
Professor Rob Donovan, Professor of Behavioural Research, Faculty of Health Sciences &
Professor of Social Marketing, Curtin Business School, Curtin University of Technology
Professor John Mendoza, Chair, National Advisory Council on Mental Health
- Room 8 **Indigenous mental health across all ages**
Associate Professor Phillip Mills, James Cook University
Other speakers to be advised
- Room 9 **Lived Experience and Recovery Practices – looking globally, acting locally**
Mr Michael Burge, Consumer Consultant, Australian Mental Health Consumer Network
Ms Jagquiline Appleby, Social Worker, FOCUS
- Room 10 **Suicide Prevention in the Community**
Professor Peter Bycroft, Managing Director, Corporate Diagnostics
Other speakers to be confirmed
- 3:20 *Afternoon Tea*
- 3:40 **Workshop Culmination – Release of the Summit Statement**
Professor Patrick McGorry
- 5:00 **Close of Summit**

Mental Health Services Expo

On Day One, over lunch and between conclusion of proceedings and public forum, a Mental Health Service Providers Expo will be staged. Sponsors as well as many local and regional service providers and consumer and care groups will be in attendance to provide information.

Launch

The Centre for Healthy Minds will be launched at lunchtime on Thursday 24th June.

Public forum

Evening of Thursday 24th open to members of the general public.

Summit Registration

| Options | Standard | Community | Concession |
|--|--|-----------|------------|
| One Day – Thursday 24 th June | \$120 | \$75 | \$20 |
| One Day – Friday 25 th June | \$120 | \$75 | \$20 |
| Both Days | \$190 | \$140 | \$40 |
| Community Leaders Breakfast | \$85 | \$85 | \$85 |
| Public Forum | Gold coin donation to the Centre for Healthy Minds | | |

Community registration is available for staff of not-for-profit organizations

Concession registration is available for concession card holders, consumers and carers
All rates are GST Inclusive

Community Leaders Breakfast

Hosted by Dr. Peter Dobson, Chair of Sunshine Coast Division of General Practice with Professor Patrick McGorry presenting.

Summit Partners

- University of the Sunshine Coast
- Sunshine Coast Division of General Practice
- ConNetica Consulting
- Mental Health Council of Australia
- Sunshine Coast Daily

