

Course Outline

Code: HLT140 Title: Think Health

School:	Health & Sport Science
Teaching Session:	Semester 1
Year:	2019
Course Coordinator:	Tara Gamble Email: tgamble@usc.edu.au
Course Moderator:	Bridie Kean Email: bkean@usc.edu.au

Please go to the USC website for up to date information on the teaching sessions and campuses where this course is usually offered.

1. What is this course about?

1.1 Description

In this course you will develop knowledge and skills about health as a key resource for a sustainable future, and your role as a health practitioner in contributing to the health and wellbeing of individuals, communities and populations. You will explore the meaning and relevance of the health sciences, social determinants of health and wellbeing, cultural-self, health literacy, ethics, and an interdisciplinary perspective.

1.2 Course topics

Science, health and the health sciences
Interdisciplinary practice
Cultural self and professional role
Health literacy
Social determinants of health
Global, national and local health priorities, policy, systems and structures
Health inequities
Ethical principles and processes
Comprehensive primary health care

2. What level is this course?

100 level Introductory - Discipline knowledge and skills at foundational level, broad application of knowledge and skills in familiar contexts and with support. Normally associated with the first full-time year of an undergraduate program

3. What is the unit value of this course?

12 units

4. How does this course contribute to my learning?

Specific Learning Outcomes On successful completion of this course you should be able to:	Assessment Tasks You will be assessed on the learning outcome in task/s:	Graduate Qualities or Professional Standards mapping Completing these tasks successfully will contribute to you becoming:
Apply reflection skills to explore the science of a health discipline.	Task 1	Engaged.
Describe and apply health science concepts within a comprehensive primary health care context.	Tasks 1, 2 and 3	Knowledgeable.
Describe and apply the ethical principles and processes health practitioners use to work with people.	Task 3	Ethical.

5. Am I eligible to enrol in this course?

Refer to the [USC Glossary of terms](#) for definitions of “pre-requisites, co-requisites and anti-requisites”.

5.1 Enrolment restrictions

Nil

5.2 Pre-requisites

Nil

5.3 Co-requisites

Nil

5.4 Anti-requisites

Nil

5.5 Specific assumed prior knowledge and skills (where applicable)

Nil

6. How am I going to be assessed?

6.1 Grading scale

Standard – High Distinction (HD), Distinction (DN), Credit (CR), Pass (PS), Fail (FL)

6.2 Assessment tasks

Task No.	Assessment Tasks	Individual or Group	Weighting %	What is the duration / length?	When should I submit?	Where should I submit it?
1	Discipline-specific resource reflection	Individual	20%	800 words	10am Monday, Week 4	Blackboard (SafeAssign)
2	Key concept take-home exam	Individual	40%	4 x 300 words	10am Monday, Week 8	Blackboard (SafeAssign)
3	Ethical engagement practice guideline	Group	40%	Infographic 500 -750 words Presentation 8-10 minutes	10am Monday, Week 12 Week 12	Blackboard (SafeAssign) In the workshop
			100%			

Assessment Task 1: Discipline-specific resource reflection

Goal:	To apply your reflection skills to describe the science of a health discipline.
Product:	Discipline-specific resource reflection
Format:	<ul style="list-style-type: none"> This is a written, individual task You will practice applying the 4R's critical reflection on readings framework and receive formative feedback in the Week 2 workshop You will be provided with a discipline-specific resource You will write a reflection on the discipline-specific resource using the 4R's critical reflection on readings framework Referencing in Vancouver style is required
Criteria:	You will be assessed on the: <ul style="list-style-type: none"> Description of discipline-specific resource Application of 4R's critical reflection on readings framework Communication using correct spelling, grammar and referencing
Generic skill assessed	Skill assessment level
Information literacy	Introductory
Communication	Introductory

Assessment Task 2: Key concept take home exam

Goal:	To describe and apply the key concepts covered in Weeks 1-6	
Product:	Short answer exam responses	
Format:	<ul style="list-style-type: none"> • This is a written, individual task • Your questions will focus on 4 of the key concepts covered in the course between Weeks 1-6. • Questions will be released Friday, Week 6 and responses are due 10am Monday Week 8 • There will be one question per key concept • You will draw from your course learning materials and independent research to write a 300-word response to each question • Referencing in Vancouver style is required 	
Criteria:	You will be assessed on the: <ul style="list-style-type: none"> • Application of key concepts • Selection and integration of scholarly literature • Communication using correct spelling, grammar and referencing 	
Generic skill assessed		Skill assessment level
Information literacy		Introductory
Communication		Introductory

Assessment Task 3: Ethical engagement practice guideline

Goal:	To describe and apply the ethical principles and processes for effectively engaging with a population group that faces inequities in health.	
Product:	Infographic and oral presentation	
Format:	<ul style="list-style-type: none"> • This is a group task • You will use the medium of an Infographic to communicate an ethical engagement practice guideline • Your guideline will be based on a specific population that faces inequities in health • Your guideline will be written for health professionals • You will present your Infographic to your peers in the workshop 	
Criteria:	You will be assessed on the: <ul style="list-style-type: none"> • Description of the underlying concepts • Application of relevant ethical principles and processes for your population group • Quality of the Infographic design • Communication to convey knowledge and meaning • Commitment to group meetings and completion of tasks 	
Generic skill assessed		Skill assessment level
Applying technologies		Introductory
Communication		Introductory
Collaboration		Introductory

7. What are the course activities?

7.1 Directed study hours

This course will have 13 weeks of blended delivery, inclusive of 10 x 3hr in-class workshops across the semester

7.2 Teaching semester/session(s) offered

Sippy Downs: Semester 1

7.3 Course content

Teaching Week / Module	What key concepts/content will I learn?	What activities will I engage in to learn the concepts/content?	
		Directed Study Activities	Independent Study Activities
1	Science, health and the health sciences Discipline perspective	In-class workshop	On-line pre-class learning activities via Blackboard
2	Cultural self and professional role	In-class workshop	On-line pre-class learning activities via Blackboard
3	Social determinants of health	In-class workshop	On-line pre-class learning activities via Blackboard
4	Health literacy	In-class workshop	On-line pre-class learning activities via Blackboard
5	Global, national and local health priorities	In-class workshop	On-line pre-class learning activities via Blackboard
6	Global, national and local health policy, systems and structures	In-class workshop	On-line pre-class learning activities via Blackboard
7	Key concept take-home exam	On-line pre-class and workshop learning activities via Blackboard	
8	Health inequities	In-class workshop	On-line pre-class learning activities via Blackboard
9	Ethical principles and processes	In-class workshop	On-line pre-class learning activities via Blackboard
10	Comprehensive primary health care Interdisciplinary practice	In-class workshop	On-line pre-class learning activities via Blackboard
11	Group work	On-line pre-class and workshop learning activities via Blackboard	
12	Ethical engagement with populations who experience inequities	In-class workshop	On-line pre-class learning activities via Blackboard
13	Ethical engagement with populations who experience inequities	In-class workshop	On-line pre-class learning activities via Blackboard

Please note that the course activities may be subject to variation.

8. What resources do I need to undertake this course?

Please note that course information, including specific information of recommended readings, learning activities, resources, weekly readings, etc. are available on the course Blackboard site. Please log in as soon as possible.

8.1 Prescribed text(s)

There is no prescribed text

8.2 Specific requirements

Nil

9. Risk management

Health and safety risks for this course have been assessed as low.

It is your responsibility as a student to review course material, search online, discuss with lecturers and peers, and understand the health and safety risks associated with your specific course of study. It is also your responsibility to familiarise yourself with the University's general health and safety principles by reviewing the [online Health Safety and Wellbeing training module for students](#), and following the instructions of the University staff.

10. What administrative information is relevant to this course?

10.1 Assessment: Academic Integrity

Academic integrity is the ethical standard of university participation. It ensures that students graduate as a result of proving they are competent in their discipline. This is integral in maintaining the value of academic qualifications. Each industry has expectations and standards of the skills and knowledge within that discipline and these are reflected in assessment.

Academic integrity means that you do not engage in any activity that is considered to be academic fraud; including plagiarism, collusion or outsourcing any part of any assessment item to any other person. You are expected to be honest and ethical by completing all work yourself and indicating in your work which ideas and information were developed by you and which were taken from others. You cannot provide your assessment work to others. You are also expected to provide evidence of wide and critical reading, usually by using appropriate academic references.

In order to minimise incidents of academic fraud, this course may require that some of its assessment tasks, when submitted to Blackboard, are electronically checked through SafeAssign. This software allows for text comparisons to be made between your submitted assessment item and all other work that SafeAssign has access to.

10.2 Assessment: Additional requirements

Eligibility for Supplementary Assessment

Your eligibility for supplementary assessment in a course is dependent of the following conditions applying:

- a) The final mark is in the percentage range 47% to 49.4%
- b) The course is graded using the Standard Grading scale
- c) You have not failed an assessment task in the course due to academic misconduct

10.3 Assessment: Submission penalties

Late submission of assessment tasks will be penalised at the following maximum rate:

- 5% (of the assessment task's identified value) per day for the first two days from the date identified as the due date for the assessment task.
- 10% (of the assessment task's identified value) for the third day
- 20% (of the assessment task's identified value) for the fourth day and subsequent days up to and including seven days from the date identified as the due date for the assessment task.
- A result of zero is awarded for an assessment task submitted after seven days from the date identified as the due date for the assessment task.

Weekdays and weekends are included in the calculation of days late.

To request an extension, you must contact your Course Coordinator and supply the required documentation to negotiate an outcome.

10.4 Study help

In the first instance, you should contact your tutor, then the Course Coordinator. Additional assistance is provided to all students through Academic Skills Advisers. To book an appointment or find a drop-in session go to [Student Hub](#).

Contact Student Central for further assistance: +61 7 5430 2890 or studentcentral@usc.edu.au

10.5 Links to relevant University policy and procedures

For more information on Academic Learning & Teaching categories including:

- Assessment: Courses and Coursework Programs
- Review of Assessment and Final Grades
- Supplementary Assessment
- Administration of Central Examinations
- Deferred Examinations
- Student Academic Misconduct
- Students with a Disability

Visit the USC website:

<http://www.usc.edu.au/explore/policies-and-procedures#academic-learning-and-teaching>

10.6 General Enquiries

In person:

- **USC Sunshine Coast** - Student Central, Ground Floor, Building C, 90 Sippy Downs Drive, Sippy Downs
- **USC SouthBank** - Student Central, Building A4 (SW1), 52 Merivale Street, South Brisbane
- **USC Gympie** - Student Central, 71 Cartwright Road, Gympie
- **USC Fraser Coast** - Student Central, Student Central, Building A, 161 Old Maryborough Rd, Hervey Bay

Tel: +61 7 5430 2890

Email: studentcentral@usc.edu.au