



## COURSE OUTLINE

HLT201

# Therapeutics in Midwifery

**Course Coordinator:** Anna Robins (arobins@usc.edu.au) **School:** School of Nursing, Midwifery and Paramedicine

2021 | Semester 2

USC Sunshine Coast

**BLENDED  
LEARNING**

Most of your course is on campus but you may be able to do some components of this course online.

*Please go to the USC website for up to date information on the teaching sessions and campuses where this course is usually offered.*

## 1. What is this course about?

### 1.1. Description

This course will introduce you to a range of therapeutic approaches in midwifery. These approaches include pharmacological and non pharmacological interventions appropriate to normal pregnancy, birth and puerperium as well as in complex situations; complementary therapies used in midwifery practice; and psychotherapy applied to perinatal mental health. There will be an emphasis on critical analysis of evidence as it relates to a range of therapeutic interventions.

### 1.2. How will this course be delivered?

ACTIVITY	HOURS	BEGINNING WEEK	FREQUENCY
<b>BLENDED LEARNING</b>			
<b>Tutorial/Workshop 1</b>	2hrs	Week 1	13 times
<b>Lecture</b> – Online lecture	1hr	Week 1	12 times

### 1.3. Course Topics

Pharmacological and non-pharmacological approaches during normal pregnancy, birth and the puerperium

Pharmacology in childbearing situations

Regulatory standards relating to prescribing in midwifery

The midwives' formulary

Complimentary therapy and midwifery practice

Perinatal mental health

Midwives role in assessment, identification and referral

Promoting attachment

Psychotherapy in midwifery

## 2. What level is this course?

200 Level (Developing)

Building on and expanding the scope of introductory knowledge and skills, developing breadth or depth and applying knowledge and skills in a new context. May require pre-requisites where discipline specific introductory knowledge or skills is necessary. Normally, undertaken in the second or third full-time year of an undergraduate programs.

### 3. What is the unit value of this course?

12 units

### 4. How does this course contribute to my learning?

COURSE LEARNING OUTCOMES	GRADUATE QUALITIES MAPPING	PROFESSIONAL STANDARD MAPPING
On successful completion of this course, you should be able to...	Completing these tasks successfully will contribute to you becoming...	Nursing and Midwifery Board of Australia
1 Interpret and apply evidence to the use of therapeutics interventions in midwifery practice	Creative and critical thinker	1 - Standard 1: Promotes health and wellbeing through evidence-based midwifery practice 1.2 - The midwife accesses, analyses, and uses the best available evidence, that includes research findings, for safe, quality midwifery practice
2 Provide information to facilitate women's decision-making about therapeutic approaches	Empowered	1.1 - The midwife identifies what is important to women as the foundation for using evidence to promote informed decision-making, participation in care, and self-determination 1.2 - The midwife accesses, analyses, and uses the best available evidence, that includes research findings, for safe, quality midwifery practice 1.6 - The midwife supports the development, implementation and evaluation of evidenced-based health initiatives and programs 3.2 - The midwife practises within relevant legal parameters and professional standards, codes and guidelines 4.3 - The midwife analyses information and data and communicates assessments and anticipated outcomes as the basis for midwifery practice
3 Provide midwifery care that takes into account women's individual preferences and cultural needs	Empowered	1.7 - The midwife identifies and promotes the role of midwifery practice and the midwifery profession in influencing better health outcomes for women 2.2 - The midwife partners with women to strengthen women's capabilities and confidence to care for themselves and their families 2.5 - The midwife practises cultural safety that is holistic, free of bias and exposes racism 6.2 - The midwife practises to achieve the agreed goals and anticipated outcomes that meet the needs of the woman
4 Apply professional, ethical and legal codes and standards to midwifery care	Ethical	2.3 - The midwife practises ethically, with respect for dignity, privacy, confidentiality, equity and justice 2.5 - The midwife practises cultural safety that is holistic, free of bias and exposes racism 3.2 - The midwife practises within relevant legal parameters and professional standards, codes and guidelines

## 5. Am I eligible to enrol in this course?

Refer to the [USC Glossary of terms](#) for definitions of “pre-requisites, co-requisites and anti-requisites”.

### 5.1. Pre-requisites

NUR231 and enrolled in Program SC394, SC393

### 5.2. Co-requisites

Not applicable

### 5.3. Anti-requisites

Not applicable

### 5.4. Specific assumed prior knowledge and skills (where applicable)

Not applicable

## 6. How am I going to be assessed?

### 6.1. Grading Scale

Standard Grading (GRD)

High Distinction (HD), Distinction (DN), Credit (CR), Pass (PS), Fail (FL).

### 6.2. Details of early feedback on progress

In week 4 of the course you will undertake an early assessment that provides feedback on academic progress.

### 6.3. Assessment tasks

DELIVERY MODE	TASK NO.	ASSESSMENT PRODUCT	INDIVIDUAL OR GROUP	WEIGHTING %	WHAT IS THE DURATION / LENGTH?	WHEN SHOULD I SUBMIT?	WHERE SHOULD I SUBMIT IT?
All	1	Written Piece	Individual	15%	750 Words	Week 4	Online Assignment Submission
All	2	Literature Review (or component)	Individual	45%	2000 words	Week 9	Online Assignment Submission with plagiarism check
All	3	Written Piece	Individual	40%	1500 words	Week 13	Online Assignment Submission with plagiarism check

**All - Assessment Task 1:** Critique of a consumer resource.

<b>GOAL:</b>	To critique a consumer resource.
<b>PRODUCT:</b>	Written Piece
<b>FORMAT:</b>	Written Piece

CRITERIA:	No.	Learning Outcome assessed
	1	Appraise the use of evidence regarding therapeutics interventions in midwifery practice 1 2
	2	Demonstrate an understanding of providing information to facilitate women's decision-making about therapeutic approaches 1 2 3
	3	Demonstrate an understanding of the role of the midwife that takes into account women's individual preferences and cultural needs 2 3
	4	Apply professional, ethical and legal codes and standards to midwifery care 4
	5	Use relevant literature and critically analyse literature 1
	6	Demonstrate appropriate written expression (academic writing, terminology, referencing, etc.) 1

#### All - Assessment Task 2: Literature Review

<b>GOAL:</b>	To demonstrate an understanding of the literature in relation to a particular topic.										
<b>PRODUCT:</b>	Literature Review (or component)										
<b>FORMAT:</b>	Written assignment										
<b>CRITERIA:</b>	<table border="1"> <thead> <tr> <th>No.</th> <th>Learning Outcome assessed</th> </tr> </thead> <tbody> <tr> <td>1</td> <td>Articulate the role of the midwife, scope of practice and legislative/regulatory requirements relating to therapeutic strategies 2 4</td> </tr> <tr> <td>2</td> <td>critique the evidence as applied to a range of therapies and justify their application to the case study 1</td> </tr> <tr> <td>3</td> <td>Demonstrate collaborative relationships in assessment, planning, implementation and evaluation of midwifery care 3 4</td> </tr> <tr> <td>4</td> <td>Demonstrate appropriate written expression (academic writing, terminology, referencing, etc) 1</td> </tr> </tbody> </table>	No.	Learning Outcome assessed	1	Articulate the role of the midwife, scope of practice and legislative/regulatory requirements relating to therapeutic strategies 2 4	2	critique the evidence as applied to a range of therapies and justify their application to the case study 1	3	Demonstrate collaborative relationships in assessment, planning, implementation and evaluation of midwifery care 3 4	4	Demonstrate appropriate written expression (academic writing, terminology, referencing, etc) 1
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3	Demonstrate collaborative relationships in assessment, planning, implementation and evaluation of midwifery care 3 4										
4	Demonstrate appropriate written expression (academic writing, terminology, referencing, etc) 1										

#### All - Assessment Task 3: Written Piece

<b>GOAL:</b>	To develop an evidence based consumer resource
<b>PRODUCT:</b>	Written Piece
<b>FORMAT:</b>	Written Piece

CRITERIA:	No.	Learning Outcome assessed
	1	1
	2	2 3
	3	3 4
	4	1

## 7. Directed study hours

A 12-unit course will have total of 150 learning hours which will include directed study hours (including online if required), self-directed learning and completion of assessable tasks. Directed study hours may vary by location. Student workload is calculated at 12.5 learning hours per one unit.

### 7.1. Schedule

PERIOD AND TOPIC	ACTIVITIES
Introduction to the course, and assessments	n/a
The midwife and therapeutic approaches, scope of practice, evidence based practice	n/a
Pharmacological and non-pharmacological approaches during normal pregnancy, birth and the puerperium	n/a
Pharmacology in complex childbearing situations	n/a
Regulatory standards relating to prescribing in midwifery, The midwives' formulary	n/a
Complementary therapies	n/a
Complementary therapies	n/a
Complementary therapies	n/a
Perinatal mental health - Midwives role in assessment, identification and referral	n/a
Perinatal mental health promotion	n/a
Promoting attachment	n/a
Revision and Review	n/a

## 8. What resources do I need to undertake this course?

Please note: Course information, including specific information of recommended readings, learning activities, resources, weekly readings, etc. are available on the course Blackboard site– Please log in as soon as possible.

### 8.1. Prescribed text(s) or course reader

Please note that you need to have regular access to the resource(s) listed below. Resources may be required or recommended.

REQUIRED?	AUTHOR	YEAR	TITLE	PUBLISHER
Required	Pairman, S Tracey, S K Dahlen, H G, Dixon, L.	2019	Midwifery: Preparation for Practice	Elsevier, Sydney

## 8.2. Specific requirements

N/A

## 9. How are risks managed in this course?

Health and safety risks for this course have been assessed as low. It is your responsibility to review course material, search online, discuss with lecturers and peers and understand the health and safety risks associated with your specific course of study and to familiarise yourself with the University's general health and safety principles by reviewing the [online induction training for students](#), and following the instructions of the University staff.

## 10. What administrative information is relevant to this course?

### 10.1. Assessment: Academic Integrity

Academic integrity is the ethical standard of university participation. It ensures that students graduate as a result of proving they are competent in their discipline. This is integral in maintaining the value of academic qualifications. Each industry has expectations and standards of the skills and knowledge within that discipline and these are reflected in assessment.

Academic integrity means that you do not engage in any activity that is considered to be academic fraud; including plagiarism, collusion or outsourcing any part of any assessment item to any other person. You are expected to be honest and ethical by completing all work yourself and indicating in your work which ideas and information were developed by you and which were taken from others. You cannot provide your assessment work to others. You are also expected to provide evidence of wide and critical reading, usually by using appropriate academic references.

In order to minimise incidents of academic fraud, this course may require that some of its assessment tasks, when submitted to Blackboard, are electronically checked through SafeAssign. This software allows for text comparisons to be made between your submitted assessment item and all other work that SafeAssign has access to.

### 10.2. Assessment: Additional Requirements

Eligibility for Supplementary Assessment

Your eligibility for supplementary assessment in a course is dependent of the following conditions applying:

The final mark is in the percentage range 47% to 49.4%

The course is graded using the Standard Grading scale

You have not failed an assessment task in the course due to academic misconduct

### 10.3. Assessment: Submission penalties

Late submission of assessment tasks may be penalised at the following maximum rate:

- 5% (of the assessment task's identified value) per day for the first two days from the date identified as the due date for the assessment task.

- 10% (of the assessment task's identified value) for the third day - 20% (of the assessment task's identified value) for the fourth day and subsequent days up to and including seven days from the date identified as the due date for the assessment task.

- A result of zero is awarded for an assessment task submitted after seven days from the date identified as the due date for the assessment task. Weekdays and weekends are included in the calculation of days late. To request an extension you must contact your course coordinator to negotiate an outcome.

### 10.4. Study help

For help with course-specific advice, for example what information to include in your assessment, you should first contact your tutor, then your course coordinator, if needed.

If you require additional assistance, the Learning Advisers are trained professionals who are ready to help you develop a wide range of academic skills. Visit the [Learning Advisers](#) web page for more information, or contact Student Central for further assistance: +61 7 5430 2890 or [studentcentral@usc.edu.au](mailto:studentcentral@usc.edu.au).

### 10.5. Wellbeing Services

Student Wellbeing provide free and confidential counselling on a wide range of personal, academic, social and psychological matters, to foster positive mental health and wellbeing for your academic success.

To book a confidential appointment go to [Student Hub](#), email [studentwellbeing@usc.edu.au](mailto:studentwellbeing@usc.edu.au) or call 07 5430 1226.

### 10.6. AccessAbility Services

Ability Advisers ensure equal access to all aspects of university life. If your studies are affected by a disability, learning disorder mental health issue, injury or illness, or you are a primary carer for someone with a disability or who is considered frail and aged, [AccessAbility Services](#) can provide access to appropriate reasonable adjustments and practical advice about the support and facilities available to you throughout the University.

To book a confidential appointment go to [Student Hub](#), email [AccessAbility@usc.edu.au](mailto:AccessAbility@usc.edu.au) or call 07 5430 2890.

## 10.7. Links to relevant University policy and procedures

For more information on Academic Learning & Teaching categories including:

- Assessment: Courses and Coursework Programs
- Review of Assessment and Final Grades
- Supplementary Assessment
- Administration of Central Examinations
- Deferred Examinations
- Student Academic Misconduct
- Students with a Disability

Visit the USC website: <http://www.usc.edu.au/explore/policies-and-procedures#academic-learning-and-teaching>

## 10.8. General Enquiries

### In person:

- **USC Sunshine Coast** - Student Central, Ground Floor, Building C, 90 Sippy Downs Drive, Sippy Downs
- **USC Moreton Bay** - Service Centre, Ground Floor, Foundation Building, Gympie Road, Petrie
- **USC SouthBank** - Student Central, Building A4 (SW1), 52 Merivale Street, South Brisbane
- **USC Gympie** - Student Central, 71 Cartwright Road, Gympie
- **USC Fraser Coast** - Student Central, Student Central, Building A, 161 Old Maryborough Rd, Hervey Bay
- **USC Caboolture** - Student Central, Level 1 Building J, Cnr Manley and Tallon Street, Caboolture

**Tel:** +61 7 5430 2890

**Email:** [studentcentral@usc.edu.au](mailto:studentcentral@usc.edu.au)