



COURSE OUTLINE

NUT205 Public Health Nutrition

Course Coordinator: Elizabeth Swanepoel (lswanepo@usc.edu.au) **School:** School of Health and Behavioural Sciences

2021 | Semester 2

USC Sunshine Coast

ON CAMPUS

Most of your course is on campus but you may be able to do some components of this course online.

Please go to the USC website for up to date information on the teaching sessions and campuses where this course is usually offered.

1. What is this course about?

1.1. Description

This course introduces you to the discipline and practice of Public health nutrition (PHN). You will develop knowledge and skills needed for practice in PHN, with a specific emphasis on needs assessment and problem & determinant analysis. You will also develop knowledge of and skills in evidence based practice. A socio-ecological lens will underpin practice frameworks to provide the basis for exploring the determinants of PHN problems.

1.2. How will this course be delivered?

ACTIVITY	HOURS	BEGINNING WEEK	FREQUENCY
ON CAMPUS			
Tutorial/Workshop 1	2hrs	Not applicable	Not Yet Determined
Online – A combination scheduled and self-directed online activities over the duration of semester.	3hrs	Not applicable	Not Yet Determined

1.3. Course Topics

- Introduction to public health nutrition practice theory
- Orienting practice within the socio-ecological framework
- Analysis of and intelligence gathering for public health nutrition issues
- Needs assessment process in public health nutrition practice
- Evidence based practice in public health nutrition

2. What level is this course?

200 Level (Developing)

Building on and expanding the scope of introductory knowledge and skills, developing breadth or depth and applying knowledge and skills in a new context. May require pre-requisites where discipline specific introductory knowledge or skills is necessary. Normally, undertaken in the second or third full-time year of an undergraduate programs.

3. What is the unit value of this course?

12 units

4. How does this course contribute to my learning?

COURSE LEARNING OUTCOMES	GRADUATE QUALITIES
On successful completion of this course, you should be able to...	Completing these tasks successfully will contribute to you becoming...
1 Describe the theory underpinning public health nutrition practice and current public health nutrition issues within Australian communities	Knowledgeable
2 Examine the multidimensional, multi-factorial determinants of public health nutrition issues	Knowledgeable Ethical
3 Design a search strategy and systematically acquire research relevant to a specific public health nutrition issue	Creative and critical thinker
4 Appraise scientific research studies relating to a specific public health nutrition issue	Creative and critical thinker
5 Describe and evaluate methods used for assessing population needs in relation to public health nutrition issues	Engaged
6 Assess the needs of a community or subpopulation in relation to public health nutrition issues	Empowered
7 Demonstrate effective communication skills and competently integrate the use of appropriate technologies	Empowered

5. Am I eligible to enrol in this course?

Refer to the [USC Glossary of terms](#) for definitions of “pre-requisites, co-requisites and anti-requisites”.

5.1. Pre-requisites

(NUT211 or NUT102) and PUB112

5.2. Co-requisites

Not applicable

5.3. Anti-requisites

Not applicable

5.4. Specific assumed prior knowledge and skills (where applicable)

It is assumed that students will have prior knowledge of sociocultural aspects of nutrition, Australian food systems, and public health theory & methodology.

6. How am I going to be assessed?

6.1. Grading Scale

Standard Grading (GRD)

High Distinction (HD), Distinction (DN), Credit (CR), Pass (PS), Fail (FL).

6.2. Details of early feedback on progress

In week 3 of this course, your PICO question for Task 1 will be peer reviewed during your tutorial. In week 12 of this course, your group for Task 2 will engage in a Zoom consultation and feedback session with your tutor to discuss and gain feedback on your progress with the needs assessment report.

6.3. Assessment tasks

DELIVERY MODE	TASK NO.	ASSESSMENT PRODUCT	INDIVIDUAL OR GROUP	WEIGHTING %	WHAT IS THE DURATION / LENGTH?	WHEN SHOULD I SUBMIT?	WHERE SHOULD I SUBMIT IT?
All	1a	Activity Participation	Individual	0%	50 words	Week 3	In Class
All	1b	Activity Participation	Individual	30%	400-500 words	Week 5	Online Assignment Submission
All	2	Portfolio	Individual	35%	E-Portfolio	Week 9	Online ePortfolio Submission
All	3	Written Piece	Group	35%	3000 words	Week 13	Online Assignment Submission with plagiarism check

All - Assessment Task 1a: PICO

GOAL:							
PRODUCT:	Activity Participation						
FORMAT:	Your PICO question for Task 1 will be peer reviewed during tutorial in week 3.						
CRITERIA:	<table border="1"> <thead> <tr> <th>No.</th> <th></th> <th>Learning Outcome assessed</th> </tr> </thead> <tbody> <tr> <td>1</td> <td>Design a search strategy and systematically acquire research relevant to a specific public health nutrition issue</td> <td>3</td> </tr> </tbody> </table>	No.		Learning Outcome assessed	1	Design a search strategy and systematically acquire research relevant to a specific public health nutrition issue	3
No.		Learning Outcome assessed					
1	Design a search strategy and systematically acquire research relevant to a specific public health nutrition issue	3					

All - Assessment Task 1b: Evidence synopsis

GOAL:	You will follow the evidence based practice cycle to ask, acquire and appraise scientific research studies relating to a specific public health nutrition issue												
PRODUCT:	Activity Participation												
FORMAT:	400-500 word report												
CRITERIA:	<table border="1"> <thead> <tr> <th>No.</th> <th></th> <th>Learning Outcome assessed</th> </tr> </thead> <tbody> <tr> <td>1</td> <td>Design a search strategy and systematically acquire research relevant to a specific public health nutrition issue</td> <td>3</td> </tr> <tr> <td>2</td> <td>Appraise scientific research studies relating to a specific public health nutrition issue</td> <td>4</td> </tr> <tr> <td>3</td> <td>Demonstrate effective communication skills and competently integrate the use of appropriate technologies</td> <td>7</td> </tr> </tbody> </table>	No.		Learning Outcome assessed	1	Design a search strategy and systematically acquire research relevant to a specific public health nutrition issue	3	2	Appraise scientific research studies relating to a specific public health nutrition issue	4	3	Demonstrate effective communication skills and competently integrate the use of appropriate technologies	7
No.		Learning Outcome assessed											
1	Design a search strategy and systematically acquire research relevant to a specific public health nutrition issue	3											
2	Appraise scientific research studies relating to a specific public health nutrition issue	4											
3	Demonstrate effective communication skills and competently integrate the use of appropriate technologies	7											

All - Assessment Task 2: E-Portfolio

GOAL:	You will undertake and reflect on a range of practice based tasks to develop the foundation knowledge and skills needed for public health nutrition practice.
PRODUCT:	Portfolio
FORMAT:	You will produce an E-Portfolio using PebblePad that showcases how you achieved relevant learning outcomes and graduate attributes. You will present a range of outputs based on NUT205 coursework. Guided by Barton's reflective framework, you will reflect on a range of individual and collaborative practice relevant tasks and experiences.

CRITERIA:	No.	Learning Outcome assessed
	1	2
	2	1
	3	7
	4	4 6

All - Assessment Task 3: Needs Assessment

GOAL:	You will analyse and interpret data to assess the needs of a target population and report on your findings.	
PRODUCT:	Written Piece	
FORMAT:	3000 word written piece	
CRITERIA:	No.	Learning Outcome assessed
	1	5
	2	6
	3	7

7. Directed study hours

A 12-unit course will have total of 150 learning hours which will include directed study hours (including online if required), self-directed learning and completion of assessable tasks. Directed study hours may vary by location. Student workload is calculated at 12.5 learning hours per one unit.

7.1. Schedule

PERIOD AND TOPIC	ACTIVITIES
Module 1: Problem analysis	n/a
Module 2: Community analysis	n/a
Module 3: Determinant analysis	n/a
Module 4: Stakeholder analysis	n/a
Module 5: Needs assessment	n/a

8. What resources do I need to undertake this course?

Please note: Course information, including specific information of recommended readings, learning activities, resources, weekly readings, etc. are available on the course Blackboard site– Please log in as soon as possible.

8.1. Prescribed text(s) or course reader

Please note that you need to have regular access to the resource(s) listed below. Resources may be required or recommended.

REQUIRED?	AUTHOR	YEAR	TITLE	PUBLISHER
Required	Roger Hughes	2011	Practical Public Health Nutrition	John Wiley & Sons

8.2. Specific requirements

There are no specific requirements.

9. How are risks managed in this course?

Risk assessments have been performed for all laboratory classes and a moderate level of health and safety risk exists. Moderate risks are those associated with laboratory work such as working with chemicals and hazardous substances. You will be required to undertake laboratory induction training and it is also your responsibility to review course material, search online, discuss with lecturers and peers and understand the health and safety risks associated with your specific course of study and to familiarise yourself with the University's general health and safety principles by reviewing the [online induction training for students](#), and following the instructions of the University staff

10. What administrative information is relevant to this course?

10.1. Assessment: Academic Integrity

Academic integrity is the ethical standard of university participation. It ensures that students graduate as a result of proving they are competent in their discipline. This is integral in maintaining the value of academic qualifications. Each industry has expectations and standards of the skills and knowledge within that discipline and these are reflected in assessment.

Academic integrity means that you do not engage in any activity that is considered to be academic fraud; including plagiarism, collusion or outsourcing any part of any assessment item to any other person. You are expected to be honest and ethical by completing all work yourself and indicating in your work which ideas and information were developed by you and which were taken from others. You cannot provide your assessment work to others. You are also expected to provide evidence of wide and critical reading, usually by using appropriate academic references.

In order to minimise incidents of academic fraud, this course may require that some of its assessment tasks, when submitted to Blackboard, are electronically checked through SafeAssign. This software allows for text comparisons to be made between your submitted assessment item and all other work that SafeAssign has access to.

10.2. Assessment: Additional Requirements

Eligibility for Supplementary Assessment

Your eligibility for supplementary assessment in a course is dependent of the following conditions applying:

The final mark is in the percentage range 47% to 49.4%

The course is graded using the Standard Grading scale

You have not failed an assessment task in the course due to academic misconduct

10.3. Assessment: Submission penalties

Late submission of assessment tasks may be penalised at the following maximum rate:

- 5% (of the assessment task's identified value) per day for the first two days from the date identified as the due date for the assessment task.

- 10% (of the assessment task's identified value) for the third day - 20% (of the assessment task's identified value) for the fourth day and subsequent days up to and including seven days from the date identified as the due date for the assessment task.

- A result of zero is awarded for an assessment task submitted after seven days from the date identified as the due date for the assessment task. Weekdays and weekends are included in the calculation of days late. To request an extension you must contact your course coordinator to negotiate an outcome.

10.4. Study help

For help with course-specific advice, for example what information to include in your assessment, you should first contact your tutor, then your course coordinator, if needed.

If you require additional assistance, the Learning Advisers are trained professionals who are ready to help you develop a wide range of academic skills. Visit the [Learning Advisers](#) web page for more information, or contact Student Central for further assistance: +61 7 5430 2890 or studentcentral@usc.edu.au.

10.5. Wellbeing Services

Student Wellbeing provide free and confidential counselling on a wide range of personal, academic, social and psychological matters, to foster positive mental health and wellbeing for your academic success.

To book a confidential appointment go to [Student Hub](#), email studentwellbeing@usc.edu.au or call 07 5430 1226.

10.6. AccessAbility Services

Ability Advisers ensure equal access to all aspects of university life. If your studies are affected by a disability, learning disorder mental health issue, injury or illness, or you are a primary carer for someone with a disability or who is considered frail and aged, [AccessAbility Services](#) can provide access to appropriate reasonable adjustments and practical advice about the support and facilities available to you throughout the University.

To book a confidential appointment go to [Student Hub](#), email AccessAbility@usc.edu.au or call 07 5430 2890.

10.7. Links to relevant University policy and procedures

For more information on Academic Learning & Teaching categories including:

- Assessment: Courses and Coursework Programs
- Review of Assessment and Final Grades
- Supplementary Assessment
- Administration of Central Examinations
- Deferred Examinations
- Student Academic Misconduct
- Students with a Disability

Visit the USC website: <http://www.usc.edu.au/explore/policies-and-procedures#academic-learning-and-teaching>

10.8. General Enquiries

In person:

- **USC Sunshine Coast** - Student Central, Ground Floor, Building C, 90 Sippy Downs Drive, Sippy Downs
- **USC Moreton Bay** - Service Centre, Ground Floor, Foundation Building, Gympie Road, Petrie
- **USC SouthBank** - Student Central, Building A4 (SW1), 52 Merivale Street, South Brisbane
- **USC Gympie** - Student Central, 71 Cartwright Road, Gympie
- **USC Fraser Coast** - Student Central, Student Central, Building A, 161 Old Maryborough Rd, Hervey Bay
- **USC Caboolture** - Student Central, Level 1 Building J, Cnr Manley and Tallon Street, Caboolture

Tel: +61 7 5430 2890

Email: studentcentral@usc.edu.au