

## Course Outline

**Code: NUT400**

**Title: Nutrition and Dietetic Skills**

**School:** Health & Sport Sciences  
**Teaching Session:** Session 8  
**Year:** 2020  
**Course Coordinator:** Hattie Wright Email: Hwright@usc.edu.au  
**Course Moderator:** Judith Tweedie Email: jtweedie@usc.edu.au

Please go to the USC website for up to date information on the teaching sessions and campuses where this course is usually offered.

### 1. What is this course about?

#### 1.1 Description

This is an advanced course for Bachelor of Dietetics students. The course draws on the knowledge, skills and competencies you have developed throughout your program and provides you with the opportunity to test and apply dietetic skills in preparation for Work Integrated Learning placement. This course runs as an intensive program prior to commencement of WIL placement.

### 2. What level is this course?

400 level Graduate - Independent application of graduate knowledge and skills. Meets AQF and professional requirements. May require pre-requisites and developing level knowledge/skills. Normally taken in the 4th year of an undergraduate program

### 3. What is the unit value of this course?

12 units

### 4. How does this course contribute to my learning?

Specific Learning Outcomes	Assessment Tasks	Graduate Qualities or Professional Standards mapping
On successful completion of this course you should be able to:	You will be assessed on the learning outcome in task/s:	Completing these tasks successfully will contribute to you becoming:
Demonstrate person-centred healthcare communication skills in a variety of practice settings.	Task 1	Engaged.
Demonstrate the ability to tailor nutrition care through the delivery of supportive and integrative care.	Task 1	Engaged.

Apply healthcare communication frameworks to communicate nutrition care plans	Task 1	Empowered.
Use a critical thinking approach to problem solving nutrition priorities	Task 1	Creative and critical thinkers.

## 5. Am I eligible to enrol in this course?

Refer to the [USC Glossary of terms](#) for definitions of “pre-requisites, co-requisites and anti-requisites”.

### 5.1 Enrolment restrictions

Students must be enrolled in SC302 or SC353

### 5.2 Pre-requisites

NUT351 and (NUT352 or (NUT306 and (Nut308 or NUT309))

### 5.3 Co-requisites

NUT361 and NUT302

### 5.4 Anti-requisites

Nil

### 5.5 Specific assumed prior knowledge and skills (where applicable)

N/A

## 6. How am I going to be assessed?

### 6.1 Grading scale

Limited – Pass (PU), Fail (UF)

### 6.2 Details of early feedback on progress

You will be provided with feedback in class to assist you with your competency development.

### 6.3 Assessment tasks

Task No.	Assessment Tasks	Individual or Group	Weighting	What is the duration / length?	When should I submit?	Where should I submit it?
1	Oral, and Written Piece	Individual	PU/UF	N/A	Ongoing	In class and online

### Assessment Task 1: Oral and Written Piece

<b>Goal:</b>	This task is designed to prepare you for Work Integrated Learning and for you to demonstrate the ability to provide person-centred nutrition care in a timely manner and communicate effectively to healthcare professionals your nutrition care plans.
<b>Product:</b>	Oral and Written Piece
<b>Format:</b>	You will demonstrate person-centred communication skills through simulation activities and communicate nutrition care plans both verbally and in written form using the iSOBAR and ADIME frameworks. Assessment of meeting communication competencies will be based on the following evidence:

	<p>a) A dietetic consultation on a mock patient (Simulation) of 10-15 minutes duration, in the 2nd week of the intensive. In pairs you will provide supportive and integrative nutrition care to a mock patient.</p> <p>b) Narrated PowerPoint (10 minutes). You will be provided with a mock patient referral and asked to construct a verbal handover summary of the patient using the iSOBAR framework. You will submit this in week 2, via Blackboard submissions.</p> <p>c) Written chart entry (750 words). Upon completion of the simulation with the mock client, you will be asked to write a chart entry on the patient encounter using the ADIME format. You will submit the medical chart entry in class after the simulation.</p> <p><u>Formative Feedback.</u> Prior to the simulation you will have the opportunity to practise the delivery of dietetic consultations through a variety of class activities. This will enable you to seek feedback on your skills and identify areas for improvement to help you demonstrate competency in the simulated activity. You will be provided with a variety of activities to practice your skills in patient handovers and writing of chart entries on which you will be provided feedback on to help you prepare for the assessment.</p> <p>Further information on the task is available on Blackboard.</p>
<b>Criteria:</b>	<p>You will be assessed on your ability to:</p> <ul style="list-style-type: none"> <li>• Demonstrate person-centred nutrition care through the delivery of supportive and integrative care.</li> <li>• Display reflective listening skills.</li> <li>• Tailor communication according to the individuals needs whilst maintaining professional language.</li> <li>• Apply problem solving skills in resolving key nutrition problems.</li> <li>• Communicate relevant and appropriate patient information to another healthcare professional, in a coherent professional manner.</li> <li>• Use a structured, logical and coherent approach in the communication of patient-related information.</li> </ul>

## 7. Directed study hours

The directed study hours listed here are a portion of the workload for this course. A 12 unit course will have total of 150 learning hours which will include directed study hours (including online if required), self-directed learning and completion of assessable tasks. Directed study hours may vary by location. Student workload is calculated at 12.5 learning hours per one unit. You will engage in 5 days of (2-3 hours) independent learning, 8 days of collaborative learning (2-3 hours), and 2 days of fully independent learning (2-3 hours).

<b>Location:</b>	<b>Directed study hours for location:</b>
USC Sunshine Coast	Workshop: This intensive course will run as three (3) hour workshops (technology-enabled) daily over a period of two weeks. Week 2 will be on campus (if permitted).

## 8. What resources do I need to undertake this course?

Please note that course information, including specific information of recommended readings, learning activities, resources, weekly readings, etc. are available on the course Blackboard site. Please log in as soon as possible.

### 8.1 Prescribed text(s)

Please note that you need to have regular access to the resource(s) listed below as they are required:

Author	Year	Title	Publisher
Nelms MN <i>et al.</i>	2020	<i>Nutrition Therapy &amp; Pathophysiology</i> , 4 <sup>th</sup> Edition	Wadsworth. Cengage Learning. <a href="http://www.cengage.com">www.cengage.com</a>
Stewart R	2020	Handbook of clinical Nutrition and Dietetics, 6 <sup>th</sup> Edition	Australian Dietitian <a href="http://www.australiandietitian.com">www.australiandietitian.com</a>

### 8.2 Specific requirements

Nil

## 9. Risk management

Health and safety risks for this course have been assessed as low.

It is your responsibility as a student to review course material, search online, discuss with lecturers and peers, and understand the health and safety risks associated with your specific course of study. It is also your responsibility to familiarise yourself with the University's general health and safety principles by reviewing the [online Health Safety and Wellbeing training module for students](#), and following the instructions of the University staff.

## 10. What administrative information is relevant to this course?

### 10.1 Assessment: Academic Integrity

Academic integrity is the ethical standard of university participation. It ensures that students graduate as a result of proving they are competent in their discipline. This is integral in maintaining the value of academic qualifications. Each industry has expectations and standards of the skills and knowledge within that discipline and these are reflected in assessment.

Academic integrity means that you do not engage in any activity that is considered to be academic fraud; including plagiarism, collusion or outsourcing any part of any assessment item to any other person. You are expected to be honest and ethical by completing all work yourself and indicating in your work which ideas and information were developed by you and which were taken from others. You cannot provide your assessment work to others. You are also expected to provide evidence of wide and critical reading, usually by using appropriate academic references.

In order to minimise incidents of academic fraud, this course may require that some of its assessment tasks, when submitted to Blackboard, are electronically checked through SafeAssign. This software allows for text comparisons to be made between your submitted assessment item and all other work that SafeAssign has access to.

### 10.2 Assessment: Additional requirements

#### Limited Graded Course:

This course will be graded as Pass in a Limited Grade Course (PU) or Fail in a Limited Grade Course (UF) as per clause 4.1.3 and 4.1.4 of the Grades and Grade Point Average (GPA) - Institutional Operating Policy of the USC. In a course eligible to use Limited Grades, all assessment items in that course are marked on a Pass/Fail basis and all assessment tasks are required to be passed for a student to successfully complete the course. Supplementary assessment is not available in courses using Limited Grades.

### 10.3 Assessment: Submission penalties

You must contact your Course Coordinator and provide the required documentation if you require an extension or alternate assessment.

### 10.4 Study help

In the first instance, you should contact your tutor, then the Course Coordinator. Additional assistance is provided to all students through Academic Skills Advisers. To book an appointment or find a drop-in session go to [Student Hub](#).

Contact Student Central for further assistance: +61 7 5430 2890 or [studentcentral@usc.edu.au](mailto:studentcentral@usc.edu.au)

### 10.5 Wellbeing Services

Student Wellbeing Support Staff are available to assist on a wide range of personal, academic, social and psychological matters to foster positive mental health and wellbeing for your success. Student Wellbeing is comprised of professionally qualified staff in counselling, health and disability Services.

Ability Advisers ensure equal access to all aspects of university life. If your studies are affected by a disability, mental health issue, learning disorder, injury or illness, or you are a primary carer for someone with a disability, [AccessAbility Services](#) can provide assistance, advocacy and reasonable academic adjustments.

To book an appointment with either service go to [Student Hub](#), email [studentwellbeing@usc.edu.au](mailto:studentwellbeing@usc.edu.au) or [accessability@usc.edu.au](mailto:accessability@usc.edu.au) or call 07 5430 1226

### 10.6 Links to relevant University policy and procedures

For more information on Academic Learning & Teaching categories including:

- Assessment: Courses and Coursework Programs
- Review of Assessment and Final Grades
- Supplementary Assessment
- Administration of Central Examinations
- Deferred Examinations
- Student Academic Misconduct
- Students with a Disability

Visit the USC website:

<http://www.usc.edu.au/explore/policies-and-procedures#academic-learning-and-teaching>

### 10.7 General Enquiries

In person:

- **USC Sunshine Coast** - Student Central, Ground Floor, Building C, 90 Sippy Downs Drive, Sippy Downs
- **USC Moreton Bay** – Service Centre, Ground Floor, Foundation Building, Gympie Road, Petrie
- **USC SouthBank** - Student Central, Building A4 (SW1), 52 Merivale Street, South Brisbane
- **USC Gympie** - Student Central, 71 Cartwright Road, Gympie
- **USC Fraser Coast** - Student Central, Student Central, Building A, 161 Old Maryborough Rd, Hervey Bay
- **USC Caboolture** - Student Central, Level 1 Building J, Cnr Manley and Tallon Street, Caboolture

Tel: +61 7 5430 2890

Email: [studentcentral@usc.edu.au](mailto:studentcentral@usc.edu.au)