

Course Outline

Code: OCC202

Title: Therapeutic Skills

School:	Health & Sport Sciences
Teaching Session:	Semester 1
Year:	2019
Course Coordinator:	Laine Chilman Tel: 5456 3436 Email: Lchilman@usc.edu.au
Course Moderator:	Dr Rosie Bruce Tel: 5456 5163 Email: Rosie.Bruce@usc.edu.au

Please go to the USC website for up to date information on the teaching sessions and campuses where this course is usually offered.

1. What is this course about?

1.1 Description

This competency based course is designed for you to develop and demonstrate core generic intervention skills for occupational therapists, prosthetists or orthotists including group facilitation, splinting, communication skills, and interviewing techniques. A key component of this course is your development of safe manual handling procedures, risk management and facilitation of movement. You will also extend your skills in profession-specific activities (e.g., environmental modifications, grading and adapting occupations, gait analysis).

1.2 Course topics

- Written and verbal communication
- Counselling
- Manual handling
- Client education
- Infection control
- Risk management
- Prescription of adaptive equipment
- Splinting and fabrication
- Facilitating movement
- Inter-professional practice
- Group processes
- Environmental modification (occupational therapy only)
- Grading and adapting (occupational therapy only)
- Gait analysis (prosthetics and orthotics only)
- P&O outcome measures (prosthetics and orthotics only)

2. What level is this course?

200 level Developing - Applying broad and/or deep knowledge and skills to new contexts. May require pre-requisites and introductory level knowledge/skills. Normally undertaken in the 2nd or 3rd year of an undergraduate program

3. What is the unit value of this course?

12 units

4. How does this course contribute to my learning?

Specific Learning Outcomes On successful completion of this course, you should be able to:	Assessment tasks You will be assessed on the learning outcomes in task/s:	Graduate Qualities or Professional Standards mapping Completing these tasks successfully will contribute to you becoming:
Demonstrate effective therapeutic communication and be able to explain the importance of professional and inter professional communication.	Task 1, 2 and 3	Empowered. Knowledgeable.
Demonstrate safe developing competence in core generic skills in health professions.	Task 1, 2, 3 and 4	Empowered. Knowledgeable.
Demonstrate safe developing competence in profession-specific skills.	Task 2 and 3	Empowered. Knowledgeable.

5. Am I eligible to enrol in this course?

Refer to the [USC Glossary of terms](#) for definitions of “pre-requisites, co-requisites and anti-requisites”.

5.1 Enrolment restrictions

Students must be enrolled in SC372, SC440, SC367 Prosthetics & Orthotics major, UU301 or XU301

5.2 Pre-requisites

LFS122 and (OCC102 or HLT102)

5.3 Co-requisites

Nil

5.4 Anti-requisites

Nil

5.5 Specific assumed prior knowledge and skills (where applicable)

You will enter the course with a theoretical basis and introductory skills in your profession.

6. How am I going to be assessed?

6.1 Grading scale

Limited – Pass (PU), Fail (UF)

6.2 Assessment tasks

Task No.	Assessment Tasks	Individual or Group	Weighting %	What is the duration / length?	When should I submit?	Where should I submit it?	WIL / PC
1	Interview role play	Individual	N/A	10 mins	Week 4	Viva	Yes
2	Client education handout	Group	N/A	8-10 A4 pages	Week 13	To course coordinator office	Yes
3	Professional competencies	Individual	N/A	15 mins	Week 15 (Exam Week 1)	Viva	Yes
4	Simulated learning: environmental Hazard identification	Individual	N/A	1 hour	Week 16 (Exam Week 2)	Online via Bondi Labs serious game	Yes

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Assessment Task 1: Interview role play

Goal:	This key communication competency assessment is about developing and demonstrating key skills and qualities of a health professional needed in conducting an initial interview with a client to explore dysfunction. This is a critically important skill and is covered in the first two lectures and tutorials and you will receive feedback on your skills from your peers in week 3.	
Product:	Live interview	
Format:	The interview is up to 10 minutes in length. A second marker may be present, or video recording taken, to assist moderation. This assessment must be passed to pass the course.	
Criteria:	Competence in key interviewing skills (reflection, paraphrasing, questioning, etc.) Demonstration of active listening and rapport building behaviours Management of environmental factors (seating, lighting, etc.)	
Generic skill assessed	Skill assessment level	
Communication	Developing	

Assessment Task 2: Client education handout

Goal:	You will be allocated to groups of five (or four) to develop a 6-8 A4 page handout for someone with a chronic condition (details of condition available on Blackboard). Your group will describe potential performance issues, assistive devices and adaptive equipment, energy conservation/joint protection techniques and other approaches. You will attach an additional page outlining your reasoning/rationale. You will also complete an additional one page document describing and declaring the group processes undertaken. This task explicitly demonstrates your knowledge of written communication, adaptive equipment, energy conservation/work simplification and group processes.	
Product:	Written hand-out and two (2) attached documents	
Format:	This is a group assignment and will be submitted in hard copy direct to the course coordinator during scheduled office hours. The hand-out will have your one additional page of reasoning attached. This assessment must be passed to pass the course.	
Criteria:	Written communication skills Knowledge of appropriate adaptive equipment Knowledge of condition with reference to key literature Recommendations for conservative management techniques Description of performance issues Implementation of functional group processes	
Generic skill assessed	Skill assessment level	
Communication	Developing	
Problem solving	Developing	

Assessment Task 3: Professional competencies

Goal:	You will complete a viva to demonstrate your knowledge and practice of safe procedures in infection control and manual handling. You will be also assessed on your knowledge and skills in one of the following (by random draw); movement facilitation principles, moderation of muscle tone, wheelchair prescription, splinting, environmental modification (occupational therapy students only), P&O outcome measures (prosthetics and orthotics students only) or residual limb bandaging (prosthetics and orthotics students only) during the viva examination. This task directly develops your core professional competencies.	
Product:	Viva	
Format:	The viva is up to 15 minutes in length. A second marker may be present, or video recording taken, to assist moderation. This assessment must be passed to pass the course.	
Criteria:	Appropriate professional communication and manner Safe and ethical conduct Demonstration of appropriate manual handling techniques Demonstration of appropriate infection control techniques Application of therapeutic techniques (facilitated movement, moderating muscle tone, wheelchair prescription, splinting, environmental modification, gait analysis, residual limb bandaging)	
Generic skill assessed	Skill assessment level	
Communication	Developing	
Applying technologies	Developing	

Assessment Task 4: Simulated learning: Environmental hazard identification

Goal:	You will complete an online serious game to demonstrate your knowledge and practice of environmental assessment and hazard identification. You will be assessed on your ability to correctly identify hazards and implement controls.	
Product:	Game completion	
Format:	The game may take around 4 hours to complete and will be completed in your own time. This assessment must be passed to pass the course.	
Criteria:	Accurate identification and control of hazards	
Generic skill assessed	Skill assessment level	
Communication	Developing	
Applying technologies	Developing	

7. What are the course activities?**7.1 Directed study hours**

58 Hours (2 x 3hr online lectures, 10 x 3hr lectures, 1 x 2hr online tutorial, 10 x 2hr tutorials)

7.2 Teaching semester/session(s) offered

Sippy Downs: Semester 1

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7.3 Course content

Teaching Week / Module	What key concepts/content will I learn?	What activities will I engage in to learn the concepts/content?	
		Directed Study Activities	Independent Study Activities
1	Keys to success in OCC202 Communication	Tutorial Lecture	Pre- and Post-readings Practice of skills
2	Communication skills Interviewing and counselling	Tutorial Lecture	Pre- and Post-readings Practice of skills
3	Interviewing and counselling Goal setting, treatment planning and behavioural change	Tutorial Lecture	Pre- and Post-readings Practice of skills
4	Interview & counselling Written communication	Interview – role play assessment Lecture	Pre- and Post-readings Practice of skills
5	Written communication Group processes	Tutorial Lecture - online	Pre- and Post-readings Practice of skills
6	Group processes Risk management Infection control Manual handling	Tutorial Lecture	Pre- and Post-readings Practice of skills
7	Manual handling Grading and adapting occupations, prescribing assistive technology (occupational therapy students) / Post-operative management (prosthetics and orthotics students)	Tutorial Lecture	Pre- and Post-readings Practice of skills
8	Wheelchair & mobility aid prescription	Lecture	Pre- and Post-readings Practice of skills
9	Wheelchair & mobility aid prescription Environmental modification skills (occupational therapy students) / P&O outcome measures (prosthetics and orthotics students)	Tutorial Lecture	Pre- and Post-readings Practice of skills
10	Environmental modification (occupational therapy students) / P&O outcome measures (prosthetics and orthotics students) Moderating muscle tone Facilitating movement	Tutorial - online Lecture	Pre- and Post-readings Practice of skills
11	Facilitating movement Splinting	Tutorial Lecture	Pre- and Post-readings Practice of skills
12	Splinting & fabrication	Tutorial Lecture	Pre- and Post-readings Practice of skills
13	Splinting & fabrication	Tutorial	Pre- and Post-readings Practice of skills

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Please note that the course activities may be subject to variation.

8. What resources do I need to undertake this course?

Please note that course information, including specific information of recommended readings, learning activities, resources, weekly readings, etc. are available on the course Blackboard site. Please log in as soon as possible.

8.1 Prescribed text(s)

Please note that you need to have regular access to the resource(s) listed below as they are required:

Author	Year	Title	Publisher
Curtin, M., Egan, M. & Adams, J.	2017	Occupational Therapy for People Experiencing Illness, Injury or Impairment (7 th Ed)	Elsevier

8.2 Specific requirements

You are required to wear appropriate clothing for learning involving movement (manual handling, moderating muscle tone, facilitating movement, and gait analysis). Students should access Blackboard for all course requirements. Queries regarding assessment will be addressed on Blackboard discussion boards instead of email. Other issues can be discussed with your Course Coordinators via appointment during designated contact hours as specified on Blackboard.

9. Risk management

Health and safety risks for this course have been assessed as low.

It is your responsibility as a student to review course material, search online, discuss with lecturers and peers, and understand the health and safety risks associated with your specific course of study. It is also your responsibility to familiarise yourself with the University's general health and safety principles by reviewing the [online Health Safety and Wellbeing training module for students](#), and following the instructions of the University staff.

10. What administrative information is relevant to this course?

10.1 Assessment: Academic Integrity

Academic integrity is the ethical standard of university participation. It ensures that students graduate as a result of proving they are competent in their discipline. This is integral in maintaining the value of academic qualifications. Each industry has expectations and standards of the skills and knowledge within that discipline and these are reflected in assessment.

Academic integrity means that you do not engage in any activity that is considered to be academic fraud; including plagiarism, collusion or outsourcing any part of any assessment item to any other person. You are expected to be honest and ethical by completing all work yourself and indicating in your work which ideas and information were developed by you and which were taken from others. You cannot provide your assessment work to others. You are also expected to provide evidence of wide and critical reading, usually by using appropriate academic references.

In order to minimise incidents of academic fraud, this course may require that some of its assessment tasks, when submitted to Blackboard, are electronically checked through SafeAssign. This software allows for text comparisons to be made between your submitted assessment item and all other work that SafeAssign has access to.

10.2 Assessment: Additional requirements

Limited Graded Course:

This course will be graded as Pass in a Limited Grade Course (PU) or Fail in a Limited Grade Course (UF) as per clause 4.1.3 and 4.1.4 of the Grades and Grade Point Average (GPA) - Institutional Operating Policy of the USC.

In a course eligible to use Limited Grades, all assessment items in that course are marked on a Pass/Fail basis and all assessment tasks are required to be passed for a student to successfully complete the course. Supplementary assessment is not available in courses using Limited Grades.

10.3 Assessment: Submission penalties

You must contact your Course Coordinator and provide the required documentation if you require an extension or alternate assessment.

10.4 Study help

In the first instance, you should contact your tutor, then the Course Coordinator. Additional assistance is provided to all students through Academic Skills Advisers. To book an appointment or find a drop-in session go to [Student Hub](#).

Contact Student Central for further assistance: +61 7 5430 2890 or studentcentral@usc.edu.au

10.5 Links to relevant University policy and procedures

For more information on Academic Learning & Teaching categories including:

- Assessment: Courses and Coursework Programs
- Review of Assessment and Final Grades
- Supplementary Assessment
- Administration of Central Examinations
- Deferred Examinations
- Student Academic Misconduct
- Students with a Disability

Visit the USC website:

<http://www.usc.edu.au/explore/policies-and-procedures#academic-learning-and-teaching>

10.6 General Enquiries

In person:

- **USC Sunshine Coast** - Student Central, Ground Floor, Building C, 90 Sippy Downs Drive, Sippy Downs
- **USC SouthBank** - Student Central, Building A4 (SW1), 52 Merivale Street, South Brisbane
- **USC Gympie** - Student Central, 71 Cartwright Road, Gympie
- **USC Fraser Coast** - Student Central, Student Central, Building A, 161 Old Maryborough Rd, Hervey Bay

Tel: +61 7 5430 2890

Email: studentcentral@usc.edu.au