



# Help others improve their **wellbeing** and create positive change in their lives

## Bachelor of **Counselling** / Bachelor of **Human Services**

In everyday life, the challenges people face are shaped by the society around us, as well as the internal factors that influence individual behaviour and personality. Through integrated studies in the fields of human services and counselling, this program equips you with the skills and knowledge to understand the causes of personal and social problems, and to create positive change in people's lives.

- Learn about the nature of contemporary Australian society, including social welfare, community development, social justice, cultural diversity and mental health
- Gain an in-depth understanding of contemporary human services practice, including its grounding in critical, anti-oppressive and ethical approaches to practice with individuals, families, groups and communities
- Develop a thorough understanding of counselling theories and skills, and how to use them in diverse and multicultural workplaces and communities
- Build skills in cognitive behaviour therapy, personal and relational empathy, positive psychology, family counselling and responding to crisis, trauma and loss
- Complete two 250-hour professional placements in human services agencies, working with multidisciplinary teams across a range of counselling and other roles

### Career opportunities

A wide range of government and non-government human services including community health, telephone counselling, working with individuals, families and groups, disability support, government departments, youth work, welfare work, child protection, corrections, aged services, community development, mental health, administration of counselling services, community corrections and justice, and more.

### Accreditation

This program is designed to meet the national accreditation requirements for the Australian Counselling Association (ACA); and the Psychotherapy and Counselling Federation of Australia (PACFA) and the Australian Community Workers Association (ACWA).

### LOCATIONS

Sunshine Coast  
Moreton Bay

### QTAC CODE

011251  
From 2021

### MINIMUM SELECTION THRESHOLD

OP - 18 / Rank - 64

### DURATION

4 years full time or equivalent part time

### COMMENCE

Semester 1

### RECOMMENDED PRIOR STUDY

Completion of Year 12 or equivalent

### MORE INFORMATION

Contact Student Central  
[information@usc.edu.au](mailto:information@usc.edu.au)  
+61 7 5430 2890