FORM C: Family Feedback Form

To be completed by the primary carer of baby using a pēpi-pod.

Date completed: _______ / _______ /___________  Community: ______________________

Baby’s name: ____________________________  Baby’s DOB: ______________________

Questions answered by _____________________________  Relationship to baby ______________

You and your family, your household and your baby

Q 1  How old is your baby today? ________________________ (days / weeks / months)

Q 2  How many people normally live in the household with the baby?
   Adults (≥ 18yrs)    ☐ 1  ☐ 2  ☐ 3  ☐ more than 3 _______ (number)
   Children            ☐ 1  ☐ 2  ☐ 3  ☐ more than 3 _______ (number)

Q 3  How many people who live in the household with your baby are smokers now?
   ☐ Mother  ☐ Father/Partner  ☐ 0  ☐ 1  ☐ 2  ☐ 3  ☐ more than 3 _______ (number)

Q 4  Do you change where baby sleeps at night when extra people visit?  ☐ Yes  ☐ No

For Q 5 to Q 9, think about what you did yesterday when caring for baby.

Q 5  Yesterday, in what position did you put your baby down for sleep?
   ☐ Baby placed to sleep on their back  ☐ Baby placed to sleep on their tummy
   ☐ Baby placed to sleep on their side  ☐ I can’t remember

Q 6  Yesterday, how was baby fed? ____________________________
   ☐ Breast-milk only  ☐ Some breast-milk plus formula (bottle)
   ☐ Formula and solids  ☐ Some breast-milk plus formula (bottle) and/or solids

Q 7  Last night, where did baby sleep when you/parent were also asleep?
   ☐ Same bed as you  ☐ Same room as you, but not in your bed
   ☐ Own room          ☐ Some other place? ____________________________

Q 8  Last night, did baby sleep in some type of baby bed?
   ☐ Yes, in a pēpi-pod  ☐ Yes, in a bassinet or similar ______________________
   ☐ Yes, in a cot          ☐ No ____________________________

Q 9  Last night, was there anything sharing baby’s sleeping place? Tick any that apply.
   ☐ pillow  ☐ doona  ☐ blanket  ☐ bonnet/hat  ☐ pēpi-pod bedding
   ☐ stuffed toy  ☐ other ____________________________
Your baby’s sleeping place

Q 10  Does your baby still sleep in the pépi-pod?

☐ Yes, baby still sleeping in pépi-pod  ............................................................. continue to Q 14
☐ No, baby has stopped sleeping in the pépi-pod ............................................. continue to Q 11
☐ No, baby never slept in pépi-pod.

Why? .................................................................................................................. continue to Q 26

Q 11  What age was baby when you stopped using the pépi-pod? _________ (weeks if remembered)

☐ less than 4 wks  ☐ 4-8 wks  ☐ 8-16 wks  ☐ >16 weeks or more

Q 12  What was the MAIN reason for stopping using the pépi-pod?

☐ Baby too big  ☐ Baby starting to roll  ☐ Baby settling better elsewhere

☐ Other reason (please explain) ...........................................................................

Q 13  Where does your baby usually sleep now? (tick all that apply)

☐ in bed with parent/s
☐ in a cot or some other baby bed in the same room as me
☐ in a cot or some other baby bed in another room
☐ other place (please give detail) ...............................................................

How the Pepi-pod was used

Answer these questions if you have used, or are still using the Pēpi-pod.

Q 14  What type of bed do you normally use for sleeping?

☐ Bed or ensemble  ☐ Single  ☐ Double  ☐ Queen  ☐ King
☐ Mattress on floor  ☐ Single  ☐ Double  ☐ Queen  ☐ King
☐ Several mattresses pushed together on floor e.g. Double & single____________________

Q 15  How often was Pēpi-pod pod used? (tick all that apply)

☐ All/most sleeps  ☐ Some sleeps  ☐ Rarely (if rarely, when?) ______________________
☐ Night sleeps  ☐ Day sleeps
☐ Whenever parent was in bed with baby  ☐ Other (describe)____________________

Q 16  When you were sleeping, where was Baby’s usual sleeping place? (tick all that apply)

☐ in bed with parent  ☐ always  ☐ usually  ☐ sometimes  ☐ never
☐ in pépi-pod in bed with parent  ☐ always  ☐ usually  ☐ sometimes  ☐ never
☐ in pépi-pod next to parent bed  ☐ always  ☐ usually  ☐ sometimes  ☐ never
☐ other type of baby bed (eg. cot, bassinet)? __________________________

☐ Other place, please describe ...........................................................................

Q 18  What type of bedding did you use for yourself if baby was sleeping in the pépi-pod in bed with you? (tick all that apply)

☐ bottom sheet only  ☐ top and bottom sheet  ☐ blanket
☐ quilt or doona  ☐ pillow/s ( )  ☐ other ______________________

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Q 19 Do you share the sleeping space with another adult, children or pets?
- I usually sleep alone with my baby in the bed together
- My baby and I usually share with (circle): partner / child / 2 or more children / pet
- My baby and I sometimes share with (circle): partner / child / 2 or more children / pet

Q 20 When baby slept in bed with you, or anyone else, how often did you use the Pēpi-pod -pod?
- always
- usually
- sometimes
- never

Q 21 Which location best describes where you placed the baby in the Pēpi-pod when you shared the room or sleeping space?

<table>
<thead>
<tr>
<th>Location Description</th>
<th>Image</th>
</tr>
</thead>
<tbody>
<tr>
<td>Baby in pēpi-pod <em>next to bed</em> with one adult</td>
<td><img src="image1.png" alt="Image" /></td>
</tr>
<tr>
<td>Baby in pēpi-pod <em>in bed</em> next to one adult</td>
<td><img src="image2.png" alt="Image" /></td>
</tr>
<tr>
<td>Baby in pēpi-pod <em>next to bed</em> with two adults</td>
<td><img src="image3.png" alt="Image" /></td>
</tr>
<tr>
<td>Baby in pēpi-pod <em>in bed</em> adjacent to two adults</td>
<td><img src="image4.png" alt="Image" /></td>
</tr>
<tr>
<td>Baby in pēpi-pod <em>next to bed</em> next to adult and sibling</td>
<td><img src="image5.png" alt="Image" /></td>
</tr>
<tr>
<td>Baby in pēpi-pod <em>in bed</em> between two adults</td>
<td><img src="image6.png" alt="Image" /></td>
</tr>
<tr>
<td>Baby in pēpi-pod <em>next to bed</em> to two adults and sibling</td>
<td><img src="image7.png" alt="Image" /></td>
</tr>
<tr>
<td>Baby in pēpi-pod <em>in bed</em> next to parents and sibling</td>
<td><img src="image8.png" alt="Image" /></td>
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<tr>
<td>Baby in pēpi-pod <em>next to bed</em> at foot of adult bed</td>
<td><img src="image9.png" alt="Image" /></td>
</tr>
<tr>
<td>Baby in pēpi-pod <em>in bed</em> next to adult and sibling</td>
<td><img src="image10.png" alt="Image" /></td>
</tr>
</tbody>
</table>

If, other location, please sketch a simple diagram to show location of your baby in pēpi-pod when you were also sleeping

Q 22 Apart from the bedding pack you were given (wrap around sheet and light blanket), did you add any extra bedding to the pēpi-pod when baby was sleeping?
- No
- Yes, describe

Q 23 Overall, was the portability of the pēpi-pod useful?
- Yes
- No

Q 24 Have you taken the pēpi-pod for your baby to use when you travelled?
- No
- Yes

Q 25 Where do you think baby would have slept if you hadn’t had the pēpi-pod for that visit?

Q 26 Do you remember the ‘Rules of Protection’ Poem?
- Yes
- No

Q 27 Have there been any problems or accidents with the pēpi-pod?
- No
- Yes, describe
Q 28 How well has the Pēpi-pod supported you with settling baby for sleep? Tick one.

☐ 1 Not at all. Baby does not settle for sleep in the pēpi-pod.
☐ 2 A little bit. Works for settling baby now and again.
☐ 3 Sometimes baby settled, sometimes baby didn’t settle.
☐ 4 Quite well. Baby settled most times.
☐ 5 Very well. Baby settled well in the pēpi-pod for every sleep.

Q 29 How well has the Pēpi-pod supported you with safety when baby is sleeping? Tick one.

☐ 1 Not at all. I don’t feel the pēpi-pod makes a difference to safety.
☐ 2 A little bit. I feel baby is a little safer sleeping in the pēpi-pod.
☐ 3 About 50/50: The pēpi-pod keeps baby safer sometimes, but sometimes the pēpi-pod does not help to keep baby safe.
☐ 4 Quite well. The pēpi-pod keeps baby safer when sleeping most of the time.
☐ 5 Very well. I feel that baby is safe when sleeping in the pēpi-pod.

Q 30 How well has the Pēpi-pod supported you with convenience? Tick one.

☐ 1 Not at all, I don’t find the pēpi-pod convenient to use at all.
☐ 2 A little bit. It is sometimes convenient to use the pēpi-pod and other times I don’t use it.
☐ 3 About 50/50: The pēpi-pod is convenient to use sometimes, but sometimes the pēpi-pod is not convenient to use.
☐ 4 Quite well. The pēpi-pod is convenient to use most of the time.
☐ 5 Very well. I find the pēpi-pod very convenient to use.

Q 31 Approximately how many people have you spoken with about the Pēpi-pod Program?

☐ <5 ☐ 5-10 ☐ 10 or more. Who were they? (tick all that apply):

☐ Family ____________________________ ☐ Friends _________________
☐ Health professional _________________ ☐ Other _________________

Q 32 Would you recommend the Pēpi-pod Program to another family?

☐ Yes ☐ No, why? __________________________________________________

Q 33 What will you do with your Pēpi-pod after you have finished with it?

☐ Keep it for another baby
☐ Keep it for family or friends who may be having a baby
☐ Return to health service for use by another family
☐ Other ________________________________

Please share any other comments or suggestions that you have about the Pēpi-pod Program. We would appreciate you sharing any stories you may have where the Pēpi-pod Program, and what you learned, was particularly helpful or useful for your family and baby.

____________________________________________________________________________________
____________________________________________________________________________________

PARENT signature ____________________________ DATE ____________

STAFF signature ____________________________ DATE ____________

METHOD COMPLETED: ☐ In person ☐ face-to-face interview ☐ telephone interview

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Version 4: July 2015