Bachelor of / Bachelor of

Behavioural Science (Psychology) / Counselling

Sunshine Coast, Semester 1 2023

Program structure

Introductory courses (8) 96 units

CRM101 Introduction to Criminology
COU101 Theories of Counselling: From Freud to Integrative Practice
COU176 Group Processes and Practice
COU180 Therapeutic Communication Skills
PSY100 Introduction to Psychology A
PSY101 Introduction to Psychology B
PSY104 Research Methods and Analysis 1
SCS130 Introduction to Indigenous Australia

Developing courses (9) 108 units

COU200 Cognitive Behaviour Therapy: Skills and Applications
COU265 Strengths Based Counselling: Collaborative Approaches
PSY202 Physiological Psychology
PSY203 Introduction to Human Development
PSY204 Social Psychology
PSY205 Motivation and Emotion
PSY206 Interpersonal and Group Skills
PSY207 Research Methods and Analysis 2
SWK278 Ethics, Law and the Helping Professions

Graduate courses (15) 180 units

COU300 Counselling for Crisis, Trauma and Loss
COU301 Positive Psychology for Counselling
COU361 Counselling Development and Supervision 1
COU362 Counselling Development and Supervision 2
COU363 Counselling Placement 1
COU364 Counselling Placement 2
COU381 Developmental and Family Counselling
PSY300 Advanced Methods in Psychology
PSY301 Cognitive and Perceptual Psychology
PSY302 Intercultural and Indigenous Psychologies
PSY303 Personality and Assessment
PSY304 Human Associative Learning
PSY305 Abnormal Psychology
PSY306 Psychology of Health and Wellbeing
PSY307 Adult Development and Ageing

Note: Program structures are subject to change. Not all UniSC courses are available on every UniSC campus.

Total units: 384

Study sequence

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Semester 1

COURSE	SEMESTER OF OFFER (SUNSHINE COAST)	UNITS	REQUISITES
CRM101 Introduction to Criminology	• Semester 1, Semester 2	12	Anti: JST102
COU180 Therapeutic Communication Skills	• Semester 1	12	Anti: SCS180 The online course offering is not available to students enrolled in a Bachelor of Counselling or Counselling dual degree programs due to external accreditation.
PSY100 Introduction to Psychology A	• Semester 1	12	Anti: SCS101
PSY104 Research Methods and Analysis 1	• Semester 1	12	

Semester 2

COURSE	SEMESTER OF OFFER (SUNSHINE COAST)	UNITS	REQUISITES
COU101 Theories of Counselling: From Freud to Integrative Practice	• Semester 2	12	
COU176 Group Processes and Practice	• Semester 2	12	Anti: SCS276 and COU276
PSY101 Introduction to Psychology B	• Semester 2	12	
SCS130 Introduction to Indigenous Australia	• Semester 1, Semester 2	12	

Semester 1

COURSE	SEMESTER OF OFFER (SUNSHINE COAST)	UNITS	REQUISITES
COU200 Cognitive Behaviour Therapy: Skills and Applications	• Semester 1	12	Pre: COU180 or SCS180
PSY202 Physiological Psychology	• Semester 1	12	Pre: PSY100 and PSY101
PSY203 Introduction to Human Development	• Semester 1	12	Pre: PSY100 and PSY101
PSY207 Research Methods and Analysis 2	• Semester 1	12	Pre: (PSY100 and PSY104) or (PSY100 and SCI110 and enrolled in an extended Psychology minor in AE304) or (PSY100 and PSY101 and enrolled in AR374 or AR302 or AR314 or AR364) or (PSY100 and PSY101 and admitted in AR405 prior to 2023)

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Semester 2

COURSE	SEMESTER OF OFFER (SUNSHINE COAST)	UNITS	REQUISITES
COU265 Strengths Based Counselling: Collaborative Approaches	• Semester 2	12	Pre: COU180 or SCS180 or SCS280 Anti: SCS265
PSY204 Social Psychology	• Semester 2	12	Pre: PSY100 and PSY101
PSY205 Motivation and Emotion	• Semester 2	12	Pre: PSY100 and PSY101
PSY206 Interpersonal and Group Skills	• Semester 2	12	

Semester 1

COURSE	SEMESTER OF OFFER (SUNSHINE COAST)	UNITS	REQUISITES
COU300 Counselling for Crisis, Trauma and Loss	• Semester 1	12	Pre: (COU180 or SCS180) and (COU265 or SCS265 or SWK202) and enrolled in Program SA306, AR375, AR372, AR362, AR303 or AR302 Anti: SCS266
COU301 Positive Psychology for Counselling	• Semester 1	12	Pre: COU180 or SCS180 and enrolled in Program AR302, AR303, AR375 or SA306
PSY300 Advanced Methods in Psychology	• Semester 1	12	Pre: (PSY200 and PSY201) or PSY207
PSY306 Psychology of Health and Wellbeing	• Semester 1	12	Pre: PSY207 or (PSY200 and PSY201) or (PSY200 and SCI110 and enrolled in Program AE304 or SE303)

Semester 2

COURSE	SEMESTER OF OFFER (SUNSHINE COAST)	UNITS	REQUISITES
COU381 Developmental and Family Counselling	• Semester 2	12	Pre: (COU180 or SCS180 or SCS280) and (COU265 or SCS265) and COU200 Anti: SCS281 and COU281

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PSY301 Cognitive and Perceptual Psychology	• Semester 2	12	Pre: (PSY200 and PSY201) or PSY207
PSY305 Abnormal Psychology	• Semester 2	12	Pre: (PSY200 and PSY201) or PSY207
SWK278 Ethics, Law and the Helping Professions	• Semester 1, Semester 2	12	Anti: SCS278

Semester 1

COURSE	SEMESTER OF OFFER (SUNSHINE COAST)	UNITS	REQUISITES
COU361 Counselling Development and Supervision 1	• Semester 1, Semester 2	12	Pre: COU180 and COU101 and COU176 and COU200 and COU265 and enrolled in Program AR375 or AR302 or AR303 or SA306 Co: COU363 Anti: COU261
COU363 Counselling Placement 1	• Semester 1, Semester 2	12	Pre: COU180 and COU265 and COU101 and COU176 and COU200 and enrolled in AR375, AR302 or AR303 or SA306 Co: COU361 Anti: COU263
PSY302 Intercultural and Indigenous Psychologies	• Semester 1	12	Pre: (PSY200 and PSY201) or PSY207
PSY303 Personality and Assessment	• Semester 1	12	Pre: (PSY200 and PSY201) or PSY207

Semester 2

COURSE	SEMESTER OF OFFER (SUNSHINE COAST)	UNITS	REQUISITES
COU362 Counselling Development and Supervision 2	• Semester 1, Semester 2	12	Pre: (COU261 or COU361) or SWK201 and enrolled in Program AR375, AR302 or AR303 Co:

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			COU264 or COU364 Anti: COU262
COU364 Counselling Placement 2	• Semester 1, Semester 2	12	Pre: COU180 and COU265 and COU101 and COU176 and COU200 and enrolled in Program AR302, AR303 or AR375 or SA306 Co: COU362 Anti: COU264
PSY304 Human Associative Learning	• Semester 2	12	Pre: (PSY200 and PSY201) or PSY207 or (PSY200 and SCI110 and enrolled in AE304 or SE303)
PSY307 Adult Development and Ageing	• Semester 2	12	Pre: (PSY200 and PSY201) or PSY207

Program requirements and notes

In order to graduate you must:

- Successfully complete 384 units as outlined in the Program Structure

Program notes

- Completing this program within the specified (full-time) duration is based on studying 48 unit points per semester (normally 4 courses) and following the recommended study sequence
- The unit value of all courses is 12 units unless otherwise specified
- It is each students responsibility to enrol correctly according to your course requisites, program rules and requirements and be aware of the academic calendar dates
- Courses within this program are assessed using a variety of assessment methods including essays, seminar presentations, reports, in-class tests and examinations. Not all courses will necessarily include all methods
- As part of your UniSC program, you may apply to Study Overseas to undertake courses with an overseas higher education provider
- Refer to the Managing your progression page for help in understanding your program structure, reviewing your progress and planning remaining courses
- Receiving credit may not reduce the minimum duration to complete the program

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