

# Bachelor of / Bachelor of Counselling / Human Services



LOCATION	ENTRY THRESHOLD	QTAC CODE	START
Moreton Bay	51.00	014371	Semester 1

In everyday life, the challenges people face are shaped by the society around us, as well as the internal factors that influence individual behaviour and personality. Through integrated studies in the fields of human services and counselling, this program equips you with the skills and knowledge to understand the causes of personal and social problems, and to create positive change in people's lives.

In this program you will:

- Learn about the nature of contemporary Australian society, including social welfare, community development, social justice, cultural diversity and mental health
- Gain an in-depth understanding of contemporary human services practice, including its grounding in critical, anti-oppressive and ethical approaches to practice with individuals, families, groups and communities
- Develop a thorough understanding of counselling theories and skills, and how to use them in diverse and multicultural workplaces and communities
- Build skills in cognitive behaviour therapy, personal and relational empathy, positive psychology, family counselling and responding to crisis, trauma and loss
- Complete two 250-hour professional placements in human services agencies, working with multidisciplinary teams across a range of counselling and other roles

## Career opportunities

- Community health
- Telephone counselling
- Working with individuals, families and groups
- Disability support
- Government departments
- Youth work
- Welfare work
- Child protection
- Corrections
- Aged services
- Community development
- Mental health
- Administration of counselling services
- Community corrections and justice

## Accreditation

This program is designed to meet the national accreditation requirements for the Australian Counselling Association (ACA); and the Psychotherapy and Counselling Federation of Australia (PACFA) and the Australian Community Workers Association (ACWA).

## Program structure

[usc.edu.au/ar303](http://usc.edu.au/ar303)

University of the Sunshine Coast | CRICOS Provider Number: 01595D | Correct as at 25 May 2022

Study options and teaching period of offer can vary depending on the study location. For full details, visit [usc.edu.au](http://usc.edu.au).

## Duration

4 years

Full-time or equivalent part-time

## Indicative 2022 fees

A\$11,320 (CSP)

Fees are indicative only and will change based on courses selected and are subject to yearly increases

## Recommended prior study

Completion of Year 12 or equivalent; English (Units 3 and 4, C)

## Delivery mode

Blended Learning

## Total courses

32

## Total units

384

## USC program code

AR303

**Introductory courses (9) 108 units**

**CRM101** Introduction to Criminology  
**COU101** Theories of Counselling: From Freud to Integrative Practice  
**COU176** Group Processes and Practice  
**COU180** Therapeutic Communication Skills  
**SCS101** Foundations of Human Behaviour  
**SCS110** Australian Society: How does(n't) it work? - An Introduction to Sociology  
**SCS130** Introduction to Indigenous Australia  
**SWK100** Introduction to Social Work Practice Theories  
**SWK172** Introduction to Social Work and Human Services

**Developing and Graduate courses (19) 240 units**

**COU200** Cognitive Behaviour Therapy: Skills and Applications  
**COU265** Strengths Based Counselling: Collaborative Approaches  
**SCS225** Social Research  
**SCS235** Social Justice, Welfare and the State  
**SWK200** Social Work Practice in Various Organisational Settings  
**SWK201** Human Services Placement 1  
**SWK202** Mental and Physical Health and Wellbeing  
**SWK251** Working with Aboriginal and Torres Strait Islander Peoples  
**SWK277** Working With Children, Youth and Families  
**SWK278** Ethics, Law and the Helping Professions  
**SWK286** Disability: Culture, Community and Change  
**COU300** Counselling for Crisis, Trauma and Loss  
**COU301** Positive Psychology for Counselling  
**COU362** Counselling Development and Supervision 2  
**COU364** Counselling Placement 2  
**COU381** Developmental and Family Counselling  
**SWK302** Community Development and Social Action  
**SWK407** Context Responsive Social Work Practice

**Elective courses (4) 48 units**

Select 4 elective courses (48 units) (200, 300 or 400 coded) from the undergraduate elective course options.

Note: Program structures are subject to change. Not all USC courses are available on every USC campus.