

Bachelor of / Bachelor of Counselling / Human Services



LOCATION

START

Moreton Bay

Semester 1

In everyday life, the challenges people face are shaped by the society around us, as well as the internal factors that influence individual behaviour and personality. Through integrated studies in the fields of human services and counselling, this program equips you with the skills and knowledge to understand the causes of personal and social problems, and to create positive change in people's lives.

In this program you will:

- Learn about the nature of contemporary Australian society, including social welfare, community development, social justice, cultural diversity and mental health
- Gain an in-depth understanding of contemporary human services practice, including its grounding in critical, anti-oppressive and ethical approaches to practice with individuals, families, groups and communities
- Develop a thorough understanding of counselling theories and skills, and how to use them in diverse and multicultural workplaces and communities
- Build skills in cognitive behaviour therapy, personal and relational empathy, positive psychology, family counselling and responding to crisis, trauma and loss
- Complete two 250-hour professional placements in human services agencies, working with multidisciplinary teams across a range of counselling and other roles

Career opportunities

- Community health
- Telephone counselling
- Working with individuals, families and groups
- Disability support
- Government departments
- Youth work
- Welfare work
- Child protection
- Corrections
- Aged services
- Community development
- Mental health
- Administration of counselling services
- Community corrections and justice

Accreditation

This program is designed to meet the national accreditation requirements for the Australian Counselling Association (ACA); and the Psychotherapy and Counselling Federation of Australia (PACFA) and the Australian Community Workers Association (ACWA).

Program structure

usc.edu.au/ar303

University of the Sunshine Coast | CRICOS Provider Number: 01595D | Correct as at 25 May 2022

If you were issued a USC Letter of Offer, it will specify your study location and teaching period of offer. Study options and teaching period of offer can vary depending on the study location. For full details, visit usc.edu.au.

CRICOS Code

096001E

Duration

4 years

Only a full-time option is available to international students on a Student visa. Online programs are not available to Student visa holders.

Indicative 2022 fees

A\$24,400

Annual fee

A\$97,600

Estimated total fee

Tuition fees are reviewed each calendar year. The fee you must pay for a given teaching period is that which has been approved by USC for the calendar year in which the teaching period commences

Recommended prior study

Completion of Year 12 or equivalent; English (Units 3 and 4, C)

Delivery mode

Blended Learning

Total courses

32

Total units

384

USC program code

AR303

Introductory courses (9) 108 units

CRM101 Introduction to Criminology
COU101 Theories of Counselling: From Freud to Integrative Practice
COU176 Group Processes and Practice
COU180 Therapeutic Communication Skills
SCS101 Foundations of Human Behaviour
SCS110 Australian Society: How does(n't) it work? - An Introduction to Sociology
SCS130 Introduction to Indigenous Australia
SWK100 Introduction to Social Work Practice Theories
SWK172 Introduction to Social Work and Human Services

Developing and Graduate courses (19) 240 units

COU200 Cognitive Behaviour Therapy: Skills and Applications
COU265 Strengths Based Counselling: Collaborative Approaches
SCS225 Social Research
SCS235 Social Justice, Welfare and the State
SWK200 Social Work Practice in Various Organisational Settings
SWK201 Human Services Placement 1
SWK202 Mental and Physical Health and Wellbeing
SWK251 Working with Aboriginal and Torres Strait Islander Peoples
SWK277 Working With Children, Youth and Families
SWK278 Ethics, Law and the Helping Professions
SWK286 Disability: Culture, Community and Change
COU300 Counselling for Crisis, Trauma and Loss
COU301 Positive Psychology for Counselling
COU362 Counselling Development and Supervision 2
COU364 Counselling Placement 2
COU381 Developmental and Family Counselling
SWK302 Community Development and Social Action
SWK407 Context Responsive Social Work Practice

Elective courses (4) 48 units

Select 4 elective courses (48 units) (200, 300 or 400 coded) from the undergraduate elective course options.

Note: Program structures are subject to change. Not all USC courses are available on every USC campus.