

Bachelor of Counselling



Sunshine Coast, Semester 2 2025

Program structure

Introductory courses (8) 96 units

ART100 Communicating Your World: Research and Communication in HASS
COU100 Counselling for Addiction Disorders
COU101 Theories of Counselling: From Freud to Integrative Practice
COU176 Group Processes and Practice
COU180 Therapeutic Communication Skills
PSY100 Introduction to Psychology A
PSY101 Introduction to Psychology B
SCS130 Introduction to Indigenous Australia

Developing courses (8) 96 units

COU200 Cognitive Behaviour Therapy: Skills and Applications
COU201 Counselling Children and Youth
COU202 Counselling Integrative Practice
COU265 Strengths Based Counselling: Collaborative Approaches
PSY203 Introduction to Human Development
SCS225 Social Research
SCS290 Understanding Cultural Diversity
SWK278 Ethics, Law and the Helping Professions

Graduate courses (6) 96 units

COU300 Counselling for Crisis, Trauma and Loss
COU301 Positive Psychology for Counselling
COU302 Counselling Older Australians
COU303 Counselling Placement and Development 1(24 units)
COU304 Counselling Placement and Development 2(24 units)
COU381 Developmental and Family Counselling

Note: Program structures are subject to change. Not all UniSC courses are available on every UniSC campus.

Total units: 288

Study sequence

Semester 2

COURSE	SEMESTER OF OFFER (SUNSHINE COAST)	UNITS	REQUISITES
COU100 Counselling for Addiction Disorders	• Semester 2	12	
COU101 Theories of Counselling: From Freud to Integrative Practice	• Semester 2	12	
COU176 Group Processes and Practice	• Semester 2	12	Anti: SCS276 and COU276

usc.edu.au/ar375

University of the Sunshine Coast | CRICOS Provider Number: 01595D | Correct as at 7 February 2025
Study options and teaching period of offer can vary depending on the study location. For full details, visit usc.edu.au.

PSY101 Introduction to Psychology B	• Semester 2	12	Pre: The online course offering is not available to students enrolled in an accredited Psychology program or dual degree program due to external accreditation.
-------------------------------------	--------------	----	--

Semester 1

COURSE	SEMESTER OF OFFER (SUNSHINE COAST)	UNITS	REQUISITES
ART100 Communicating Your World: Research and Communication in HASS	• Semester 1	12	Anti: COR109
COU180 Therapeutic Communication Skills	• Semester 1	12	Pre: The online course offering is not available to students enrolled in a Bachelor of Counselling or Counselling dual degree programs due to external accreditation. Anti: SCS180
PSY100 Introduction to Psychology A	• Semester 1	12	Anti: SCS101
SCS130 Introduction to Indigenous Australia	• Semester 1, Semester 2	12	

Semester 2

COURSE	SEMESTER OF OFFER (SUNSHINE COAST)	UNITS	REQUISITES
COU202 Counselling Integrative Practice	• Semester 2	12	Pre: COU100, COU101, COU176, COU180, (COU200 or COU265), enrolled in AR375
COU265 Strengths Based Counselling: Collaborative Approaches	• Semester 2	12	Pre: COU180 or SCS180 or SCS280 Anti: SCS265
SCS225 Social Research	• Semester 2	12	Pre: Any 2 courses or enrolled in Program AR707 or AR708
SCS290 Understanding Cultural Diversity	• Semester 2	12	Pre: Any 2 courses

usc.edu.au/ar375

University of the Sunshine Coast | CRICOS Provider Number: 01595D | Correct as at 7 February 2025
Study options and teaching period of offer can vary depending on the study location. For full details, visit usc.edu.au.

Semester 1

COURSE	SEMESTER OF OFFER (SUNSHINE COAST)	UNITS	REQUISITES
COU200 Cognitive Behaviour Therapy: Skills and Applications	• Semester 1	12	Pre: COU180 or SCS180
COU201 Counselling Children and Youth	• Semester 1	12	Pre: COU180 and COU176
PSY203 Introduction to Human Development	• Semester 1	12	Pre: (PSY100 and PSY101 and enrolled in AB314, AB315, AB302, AR364, AR374, AR375, AR405, SA306, SA307, SB304, SC308 or Psychology major) or (PSY100 and PSY101 and enrolled in SC440) or (PSY100 and OCC100 and enrolled in program SC440).
SWK278 Ethics, Law and the Helping Professions	• Semester 1, Semester 2	12	Anti: SCS278

Semester 2

COURSE	SEMESTER OF OFFER (SUNSHINE COAST)	UNITS	REQUISITES
COU302 Counselling Older Australians	• Semester 2	12	Pre: COU180 and COU176
COU303 Counselling Placement and Development 1	• Semester 1, Semester 2	24	Pre: Course Coordinator Consent and COU100, COU101, COU176, COU180, COU200, COU265 Anti: COU361 and COU363
COU381 Developmental and Family Counselling	• Semester 2	12	Pre: (COU180 or SCS180 or SCS280), (COU265 or SCS265) and COU200 Anti: SCS281 and COU281

Semester 1

COURSE	SEMESTER OF OFFER (SUNSHINE COAST)	UNITS	REQUISITES
COU300 Counselling for Crisis, Trauma and Loss	• Semester 1	12	Pre: (COU180 or SCS180) and (COU265 or SCS265 or SWK202) and enrolled in Program SA306, AR375, AR372, AR362, AR303 or

usc.edu.au/ar375

University of the Sunshine Coast | CRICOS Provider Number: 01595D | Correct as at 7 February 2025
Study options and teaching period of offer can vary depending on the study location. For full details, visit usc.edu.au.

			AR302 Anti: SCS266
COU301 Positive Psychology for Counselling	• Semester 1	12	Pre: COU180 or SCS180 and enrolled in Program AR302, AR303, AR375 or SA306
COU304 Counselling Placement and Development 2	• Semester 1, Semester 2	24	Pre: Course Coordinator Consent and COU303 Anti: COU362 and COU364

Program requirements and notes

In order to graduate you must:

- Successfully complete 288 units as outlined in the Program Structure
- Complete no more than 10 introductory level (100 coded) courses

Program notes

- Completing this program within the specified (full-time) duration is based on studying 48 unit points per semester (normally 4 courses) and following the recommended study sequence
- Most courses are valued at 12 units unless otherwise specified
- Courses within this program are assessed using a variety of assessment methods which may include essays, seminar presentations, reports, in-class tests and examinations
- As part of your UniSC program, you may apply to Study Overseas to undertake courses with an overseas higher education provider
- Only a full-time study option is available to international students on a Student Visa
- Refer to the Managing your progression page for help in understanding your program structure, reviewing your progress and planning remaining courses.

WIL notes

- This program includes placements in settings that may require COVID-19 vaccination with limited placement in setting that do not require full vaccination.
- It is a Queensland Government requirement that students undertaking a placement within a clinical setting are fit tested annually for an approved respirator. Clinical settings include hospitals, residential aged care facilities, residential disability care facilities, prison health services, youth detention health services, community health care settings, and vaccination clinics). If the Fit Testing requirement applies to placement activity within your Program it will appear in your mandatory checks on Sonia Online. In accordance with Australian Standards, you must be clean shaven for your fit test. Facial hair that lies along the sealing surface of a tight-fitting respirator prevents an effective seal. Therefore, it is a requirement that there is no hair growth between the skin and the facepiece sealing surface in order to achieve a fit. At this stage, there is no exemption in Queensland to this requirement for religious or other reasons and USC is unable to waive this requirement.
- In order to complete this program, students need to successfully complete field education – COU303 Counselling Placement and Development 1 and COU304 Counselling Placement and Development 2 - for which students are required to obtain a Blue Card (issued by the Commission for Children and Young People and Child Guardian). In the event that students become ineligible for a Blue Card, at any time between the date of first enrolment and the date of completion of the program, they will not be able to complete the program.
- Hold a valid Blue Card, throughout the duration of your program, which is issued by the Commission for Children and Young People and Child Guardian (CCYPCG). You should allow 12 weeks for CCYPCG to issue the card. Note: students who do not possess a valid Blue Card will be unable to complete the field education component of their program and will be unable to meet graduation requirements
- Have a National Criminal History check (by Queensland Police Service or other state/territory authority)
- Travel to attend field education placements
- Please note, while all endeavours will be made to place students in a given semester, this is not guaranteed and students may need to enrol at a later time should a position in an agency be unavailable in the preferred semester

usc.edu.au/ar375

University of the Sunshine Coast | CRICOS Provider Number: 01595D | Correct as at 7 February 2025
Study options and teaching period of offer can vary depending on the study location. For full details, visit usc.edu.au.