

# Bachelor of Dietetics (Honours)



Sunshine Coast, Semester 1 2025

## Program structure

Introductory courses (8) 96 units

LFS103 Introductory Bioscience  
LFS112 Human Physiology  
NUT102 Food in Society  
NUT110 Introduction to Dietetics  
PUB112 Public Health Foundations  
SCI105 Introductory Chemistry  
SCI110 Science Research Methods

PLUS select 1 course from:

HLT140 Think Health  
SCS130 Introduction to Indigenous Australia  
SPX101 Introduction to Sport and Exercise Science  
SUS101 Foundations of Sustainability - Investigating Planetary Health

Developing courses (8) 96 units

BIM202 Medical Genetics  
LFS203 Integrated Physiology  
LFS251 Biochemistry  
NUT201 Food Studies  
NUT202 Nutrition Assessment  
NUT205 Public Health Nutrition  
NUT212 Principles of Nutrition  
NUT232 Nutritional Biochemistry

Graduate courses (9) 96 units

LFS303 Pathophysiology  
NUT301 Advanced Public Health Nutrition  
NUT302 Medical Nutrition Therapy 2  
NUT306 Nutrition Communication(6 units)  
NUT309 Sport and Exercise Nutrition(6 units)  
NUT312 Food Service Systems  
NUT333 Health Research Design  
NUT351 Medical Nutrition Therapy 1  
NUT361 Counselling and Communication Skills for Dietetics

PLUS one (1) of the following pathways:

Project Pathway courses (4) 96 units

NUT401 Nutrition and Dietetics Research and Evaluation(24 units)  
NUT402 Nutrition and Dietetics Placement 1(24 units)  
NUT406 Nutrition and Dietetics Placement 2(24 units)  
NUT407 Dietetics Professional Practice(24 units)

Research Pathway courses (4) 96 units

NUT402 Nutrition and Dietetics Placement 1(24 units)  
NUT406 Nutrition and Dietetics Placement 2(24 units)

[usc.edu.au/sc406](http://usc.edu.au/sc406)

University of the Sunshine Coast | CRICOS Provider Number: 01595D | Correct as at 8 February 2025  
Study options and teaching period of offer can vary depending on the study location. For full details, visit [usc.edu.au](http://usc.edu.au).

NUT407 Dietetics Professional Practice(24 units)  
NUT410 Nutrition and Dietetics Thesis(24 units)

Honours Classification calculation.

Students in the project pathway will not be awarded a specific classification.

Students in the research pathway will be awarded one of the following three classes: Honours Class I, IIA or IIB. Students receiving an overall percentage of less than 59.5% who meet all the requirements of the degree will be awarded the Honours degree but without an Honours classification. If the student achieves an average mark to meet a particular class of honours but the thesis mark is less than required for that class, the mark for the thesis will determine the class of honours.

The determination of the class of honours received is based on the following requirements: Overall grade based on performance in the following courses comprising NUT402(24 units), NUT406(24 units), NUT407(24 units), NUT410(24 units)] follows;

- Class I: overall grade in the range 80% - 100%
- Class IIA: overall grade in the range 70% - 79%
- Class IIB: overall grade in the range 60% - 69%

Note: Program structures are subject to change. Not all UniSC courses are available on every UniSC campus.

## Total units: 384

## Study sequence

Students wishing to study less than 4 courses per semester should contact the Program Coordinator.

Semester 1

COURSE	SEMESTER OF OFFER (SUNSHINE COAST)	UNITS	REQUISITES
LFS103 Introductory Bioscience	• Semester 1, Semester 2	12	Pre: The online course offering is not available to students enrolled in a Bachelor of Nursing or Bachelor of Midwifery due to external accreditation.  Anti: LFS100
NUT110 Introduction to Dietetics	• Semester 1	12	Pre: Enrolled in Program SC302 or SC406
SCI110 Science Research Methods	• Semester 1, Semester 2	12	Anti: SCI201 or CPH261

PLUS select 1 course from:

COURSE	SEMESTER OF OFFER (SUNSHINE COAST)	UNITS	REQUISITES
HLT140 Think Health	• Semester 1	12	
SCS130 Introduction to Indigenous Australia	• Semester 1, Semester 2	12	
SPX101 Introduction to Sport and Exercise Science	• Semester 1	12	

[usc.edu.au/sc406](http://usc.edu.au/sc406)

University of the Sunshine Coast | CRICOS Provider Number: 01595D | Correct as at 8 February 2025  
Study options and teaching period of offer can vary depending on the study location. For full details, visit [usc.edu.au](http://usc.edu.au).

SUS101 Foundations of Sustainability - Investigating Planetary Health	• Semester 1	12
---	--------------	----

Semester 2

COURSE	SEMESTER OF OFFER (SUNSHINE COAST)	UNITS	REQUISITES
LFS112 Human Physiology	• Semester 2	12	Anti: LFS201 or LFS202 or LFS203
NUT102 Food in Society	• Semester 2	12	Anti: NUT211
PUB112 Public Health Foundations	• Semester 2	12	
SCI105 Introductory Chemistry	• Semester 1, Semester 2	12	Anti: SCI505

Semester 1

COURSE	SEMESTER OF OFFER (SUNSHINE COAST)	UNITS	REQUISITES
LFS203 Integrated Physiology	• Semester 1	12	Pre: LFS112  Anti: LFS201 and LFS202
LFS251 Biochemistry	• Semester 1	12	Pre: SCI105 and (LFS100 or LFS103)  Anti: MBT251
NUT201 Food Studies	• Semester 1	12	Pre: SCI105  Anti: FSN201
NUT212 Principles of Nutrition	• Online: Session 1, Semester 1	12	Pre: LFS103 or LFS112 or HLT100 or SPX103  Anti: FSN212

Semester 2

COURSE	SEMESTER OF OFFER (SUNSHINE COAST)	UNITS	REQUISITES
BIM202 Medical Genetics	• Semester 2	12	Pre: LFS100 or LFS103 or SCI100
NUT202 Nutrition Assessment	• Semester 2	12	Pre: NUT201 and NUT212 and enrolled in Program SC302 or SC406

[usc.edu.au/sc406](http://usc.edu.au/sc406)

University of the Sunshine Coast | CRICOS Provider Number: 01595D | Correct as at 8 February 2025  
Study options and teaching period of offer can vary depending on the study location. For full details, visit [usc.edu.au](http://usc.edu.au).

NUT205 Public Health Nutrition	• Semester 2	12	Pre: (NUT211 or NUT102) and PUB112
NUT232 Nutritional Biochemistry	• Semester 2	12	Pre: MBT251 or LFS251  Anti: BIM212 or BIM352 or BIM252

---

#### Semester 1

COURSE	SEMESTER OF OFFER (SUNSHINE COAST)	UNITS	REQUISITES
LFS303 Pathophysiology	• Semester 1	12	Pre: LFS203 or (LFS201 and LFS202) or  Co: LFS201 or LFS203 and enrolled in Program SC357  Anti: LFS302 or NUR221 or PAR221 or HLT221
NUT333 Health Research Design	• Semester 1	12	Pre: (NUT205 and SCI110 and enrolled in program SC354 or SC406) or (SCI110 and HLT205 and enrolled in program SC367)  Co: For students enrolled in SC406, NUT351
NUT351 Medical Nutrition Therapy 1	• Semester 1	12	Pre: NUT110 and NUT202 and NUT232 and (LFS202 or (LFS203 and BIM202)) and enrolled in Program SC302 or SC406

---

#### Session 2

COURSE	SEMESTER OF OFFER (SUNSHINE COAST)	UNITS	REQUISITES
NUT306 Nutrition Communication	• Session 2		Pre: NUT205 and (NUT300 or NUT202 or NUT203)

---

[usc.edu.au/sc406](http://usc.edu.au/sc406)

University of the Sunshine Coast | CRICOS Provider Number: 01595D | Correct as at 8 February 2025  
Study options and teaching period of offer can vary depending on the study location. For full details, visit [usc.edu.au](http://usc.edu.au).

### Session 3

COURSE	SEMESTER OF OFFER (SUNSHINE COAST)	UNITS	REQUISITES
NUT309 Sport and Exercise Nutrition	• Session 3		Pre: NUT202 and NUT212 and enrolled in Program SC302 or SC406

### Semester 2

COURSE	SEMESTER OF OFFER (SUNSHINE COAST)	UNITS	REQUISITES
NUT301 Advanced Public Health Nutrition	• Semester 2	12	Pre: (NUT306 or NUT352) and NUT205
NUT302 Medical Nutrition Therapy 2	• Semester 2	12	Pre: LFS303 and NUT351 and enrolled in Program SC302 or SC406
NUT312 Food Service Systems	• Semester 2	12	Pre: NUT202 and enrolled in Program SC302 or SC406
NUT361 Counselling and Communication Skills for Dietetics	• Semester 2	12	Pre: NUT351 and enrolled in Program SC302 or SC406  Co: NUT302

### Project Pathway

Honours year enrolment will vary dependent on allocation of placement. Please consult your Program Coordinator.

COURSE	SEMESTER OF OFFER (SUNSHINE COAST)	UNITS	REQUISITES
NUT401 Nutrition and Dietetics Research and Evaluation	• Semester 1, Semester 2	24	Pre: NUT333 and NUT301 and NUT302 and NUT312 and NUT361 and NUT309 and enrolled in Program SC302 or SC406
NUT402 Nutrition and Dietetics Placement 1	• Semester 1	24	Pre: NUT301 and NUT302 and NUT312 and NUT361 and NUT309 and enrolled in Program SC406 or SC302
NUT406 Nutrition and Dietetics Placement 2	• Semester 1, Semester 2	24	Pre:

[usc.edu.au/sc406](http://usc.edu.au/sc406)

University of the Sunshine Coast | CRICOS Provider Number: 01595D | Correct as at 8 February 2025  
Study options and teaching period of offer can vary depending on the study location. For full details, visit [usc.edu.au](http://usc.edu.au).

NUT407 Dietetics Professional Practice	• Semester 1, Semester 2	24	NUT301 and NUT302 and NUT312 and NUT361 and NUT309 and enrolled in SC406 or SC302
			Pre: NUT301 and NUT302 and NUT312 and NUT361 and NUT309 and enrolled in Program SC302 or SC406

## Program requirements and notes

In order to graduate you must:

- Successfully complete 384 units as outlined in the Program Structure
- The program provides two pathways towards an Honours-level qualification. Students embark on differentiated pathways in the third and fourth years of the program. One pathway is a research pathway, which focuses on learning the basic research skills required to perform a research project of publishable standard in a scientific journal. This is an important competency if you wish to pursue a career in academia and is attractive to large tertiary and research-intensive hospitals. This pathway is via competitive entry (based on grade point average from the first two and a half years of the program and a competitive selection process) and only open to students with a grade of DN or greater for the course NUT333 and a grade point average greater than 5.5 (GPA cut-offs will be determined on a yearly basis depending on number and quality of applicants and places available). The number of research pathway places will be dependent on the number of permanent Nutrition and Dietetics Discipline staff. Students must maintain a GPA of greater than 5.5 to remain in the research pathway.

All other students will complete the project pathway, which focuses on the application of research knowledge through activities completed during a research placement.

In order to commence clinical placement you must:

- Hold a valid Blue Card from the Public Safety Business Agency (PSBA), throughout the duration of your program. You should allow 12 weeks for PSBA to issue the card. Note students who do not possess a valid Blue Card will be unable to complete the clinical practice component of their program and will be unable to meet graduation requirements
- Have a National Criminal History check (by Queensland Police Service or other state/territory authority)
- Show evidence of vaccination for the vaccine preventable diseases (VPDs) of: Hepatitis B, Measles, Mumps and Rubella (MMR), Varicella (Chickenpox), Pertussis (Whooping Cough)(please note: this is included in the DTPA - Diphtheria, Tetanus and Whooping Cough - combined vaccination).
- Complete an orientation package, (a Queensland Health [QH] requirement) before undertaking any placement which involves QH. The package can be completed online

Program notes

- For Sippy Downs students some courses in this program will be taught at the Sunshine Coast Health Institute
- Preparing for study at SCHI
- Cross-institutional study is not permitted for the Bachelor of Dietetics (Honours)
- Completing this program within the specified (full-time) duration is based on studying 48 unit points per semester (normally 4 courses) and following the recommended study sequence
- Students wishing to study less than 4 courses per semester should contact the Program coordinator
- NUT402, NUT404 and NUT406MUST be completed over a minimum of 100 days of full time placement. The semester of enrolment in NUT406 and NUT401 will be determined by the Academic staff.
- The unit value of all courses is 12 units unless otherwise specified
- It is each students responsibility to enrol correctly according to your course requisites, program rules and requirements and be aware of the academic calendar dates
- Courses within this program are assessed using a variety of assessment methods including essays, seminar presentations, reports, in-class tests and examinations. Not all courses will necessarily include all methods
- Not available to international students on a Student Visa
- Refer to the Managing your progression page for help in understanding your program structure, reviewing your progress and planning remaining courses.

[usc.edu.au/sc406](http://usc.edu.au/sc406)

University of the Sunshine Coast | CRICOS Provider Number: 01595D | Correct as at 8 February 2025  
Study options and teaching period of offer can vary depending on the study location. For full details, visit [usc.edu.au](http://usc.edu.au).