

# Bachelor of Nutrition



Sunshine Coast, Semester 1 2022

## Program structure

Introductory courses (7) 84 units

LFS103 Introductory Bioscience

LFS112 Human Physiology

NUT101 Introduction to Nutrition

NUT102 Food in Society

PUB112 Public Health Foundations

SCI105 Introductory Chemistry

SCI110 Science Research Methods

Developing and Graduate courses (10) 108 units

LFS251 Biochemistry

NUT201 Food Studies

NUT205 Public Health Nutrition

NUT212 Principles of Nutrition

NUT300 Nutrition for Health and Exercise

NUT303 Food, Nutrition and Menu Design

NUT304 Nutrition Practicum

NUT305 Food and the Consumer

NUT306 Nutrition Communication(6 units)

NUT307 Nutrition Education(6 units)

PLUS select 1 minor (48 units) from:

Agriculture and Aquaculture

Food Science and Safety

Health Promotion

Healthy Public Policy

Indigenous Studies

Journalism

Nutritional Science

Public Health Nutrition

Social Media

Sport and Exercise Nutrition

Sustainability

\*With the approval of the Program Coordinator, students may replace a minor with a study component deemed to be equivalent commenced or completed at another university or comparable tertiary institution.

Elective courses (4) 48 units

Select 4 elective courses (48 units) from the undergraduate elective course options.

Note: Program structures are subject to change. Not all USC courses are available on every USC campus.

**Total units: 288**

## Study sequence

[usc.edu.au/sc354](http://usc.edu.au/sc354)

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Study options and teaching period of offer can vary depending on the study location. For full details, visit [usc.edu.au](http://usc.edu.au).

## Year 1

### Semester 1

COURSE	SEMESTER OF OFFER (SUNSHINE COAST)	UNITS	REQUISITES
LFS103 Introductory Bioscience	• Semester 1, Semester 2	12	Anti: LFS100
NUT101 Introduction to Nutrition	• Semester 1	12	Pre: Enrolled in Program SC019, SC354 or AB101
SCI105 Introductory Chemistry	• Semester 1, Semester 2	12	Anti: SCI505
SCI110 Science Research Methods	• Semester 1, Semester 2	12	Anti: SCI201 or CPH261

### Semester 2

COURSE	SEMESTER OF OFFER (SUNSHINE COAST)	UNITS	REQUISITES
LFS112 Human Physiology	• Semester 2	12	Anti: LFS201 or LFS202 or LFS203
NUT102 Food in Society	• Semester 2	12	Anti: NUT211
PUB112 Public Health Foundations	• Semester 2	12	

PLUS select either 1 course from your chosen minor  
OR select 1 elective course from the undergraduate elective course options

## Year 2

### Semester 1

COURSE	SEMESTER OF OFFER (SUNSHINE COAST)	UNITS	REQUISITES
LFS251 Biochemistry	• Semester 1	12	Pre: SCI105 and (LFS100 or LFS103)  Anti: MBT251
NUT201 Food Studies	• Semester 1	12	Pre: SCI105  Anti: FSN201
NUT212 Principles of Nutrition	• Online: Session 1, Semester 1	12	Pre: LFS103 or LFS112 or SPX103  Anti: FSN212

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PLUS select either 1 course from your chosen minor  
OR select 1 elective course from the undergraduate elective course options

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#### Semester 2

COURSE	SEMESTER OF OFFER (SUNSHINE COAST)	UNITS	REQUISITES
NUT205 Public Health Nutrition	• Semester 2	12	Pre: (NUT211 or NUT102) and PUB112
NUT300 Nutrition for Health and Exercise	• Semester 2	12	Pre: NUT212 or SPX211  Anti: NUT203

PLUS select either 1 course from your chosen minor  
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### Year 3

#### Session 1

COURSE	SEMESTER OF OFFER (SUNSHINE COAST)	UNITS	REQUISITES
NUT303 Food, Nutrition and Menu Design	• Semester 2	12	Pre: (NUT202 or NUT203 or NUT300) and NUT201

#### Session 2

COURSE	SEMESTER OF OFFER (SUNSHINE COAST)	UNITS	REQUISITES
NUT306 Nutrition Communication	• Session 2		Pre: NUT205 and (NUT300 or NUT202 or NUT203)

#### Session 3

COURSE	SEMESTER OF OFFER (SUNSHINE COAST)	UNITS	REQUISITES
NUT307 Nutrition Education	• Session 3		Pre: NUT306 and enrolled in

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#### Semester 1

COURSE	SEMESTER OF OFFER (SUNSHINE COAST)	UNITS	REQUISITES
NUT305 Food and the Consumer	• Semester 1	12	Pre: (NUT102 or NUT211) and NUT205

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PLUS select either 1 course from your chosen minor  
OR select 1 elective course from the undergraduate elective course options

#### Semester 2

COURSE	SEMESTER OF OFFER (SUNSHINE COAST)	UNITS	REQUISITES
NUT304 Nutrition Practicum	• Semester 1, Semester 2	12	Pre: Course Coordinator Consent Required and NUT205 and enrolled in Program SC354

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Select 3 courses towards either your chosen minor OR elective courses from the undergraduate elective course options.

## Program requirements and notes

### Program requirements

In order to graduate you must:

- Successfully complete 288 units as outlined in the Program Structure
- Complete no more than 10 introductory level (100 coded) courses

### Program notes

- Completing this program within the specified (full-time) duration is based on studying 48 unit points per semester (normally 4 courses) and following the recommended study sequence
- The unit value of all courses is 12 units unless otherwise specified
- It is each student's responsibility to enrol correctly according to your course requisites, program rules and requirements and be aware of the academic calendar dates
- Courses within this program are assessed using a variety of assessment methods which may include essays, seminar presentations, reports, in-class tests and examinations
- As part of your USC program, you may apply to Study Overseas to undertake courses with an overseas higher education provider
- Only a full-time study option is available to international students on a Student Visa
- Refer to the Managing your progression page for help in understanding your program structure, reviewing your progress and planning remaining courses.