Bachelor of

Nutrition

Sunshine Coast, Semester 1 2023

Program structure

Introductory courses (7) 84 units

LFS103 Introductory Bioscience
LFS112 Human Physiology
NUT101 Introduction to Nutrition
NUT102 Food in Society
PUB112 Public Health Foundations
SCI105 Introductory Chemistry
SCI110 Science Research Methods

Developing courses (6) 72 units

LFS203 Integrated Physiology
LFS251 Biochemistry
NUT201 Food Studies
NUT205 Public Health Nutrition
NUT212 Principles of Nutrition
NUT232 Nutritional Biochemistry

Graduate courses (6) 60 units

NUT300 Nutrition for Health and Exercise
NUT303 Food, Nutrition and Menu Design
NUT304 Nutrition Practicum
NUT305 Food and the Consumer
NUT306 Nutrition Communication(6 units)
NUT307 Nutrition Education(6 units)

PLUS select 1 minor (48 units) from:

Exercise and Sport
Indigenous Health and Wellbeing
Public Health Nutrition
Social Media
Sustainability

*With the approval of the Program Coordinator, students may replace a minor with a study component deemed to be equivalent commenced or completed at another university or comparable tertiary institution.

Required courses from a specified list:

Select a total of 12 units from:

LFS303 Pathophysiology
NUT333 Health Research Design
SWK251 Working with First Nations Peoples and Multicultural Communities

Students seeking entry into the Master of Dietetics (Sports Nutrition) will need to select NUT333

Required courses from a specified list:

Select a total of 12 units from:

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PUB205 Food Safety Laws and Regulations
PUB272 Healthy Public Policy and Advocacy
SPX211 Exercise Physiology I

Note: Program structures are subject to change. Not all UniSC courses are available on every UniSC campus.

Total units: 288

Study sequence

Year 1

Semester 1

COURSE	SEMESTER OF OFFER (SUNSHINE COAST)	UNITS	REQUISITES
LFS103 Introductory Bioscience	• Semester 1, Semester 2	12	Anti: LFS100 The online course offering is not available to students enrolled in a Bachelor of Nursing or Bachelor of Midwifery due to external accreditation.
NUT101 Introduction to Nutrition	• Semester 1	12	Pre: Enrolled in Program SC019, SC354 or AB101
SCI105 Introductory Chemistry	• Semester 1, Semester 2	12	Anti: SCI505
SCI110 Science Research Methods	• Semester 1, Semester 2	12	Anti: SCI201 or CPH261

Semester 2

COURSE	SEMESTER OF OFFER (SUNSHINE COAST)	UNITS	REQUISITES
LFS112 Human Physiology	• Semester 2	12	Anti: LFS201 or LFS202 or LFS203
NUT102 Food in Society	• Semester 2	12	Anti: NUT211
PUB112 Public Health Foundations	• Semester 2	12	

PLUS select 1 course from your chosen minor

Year 2

Semester 1

COURSE	SEMESTER OF OFFER (SUNSHINE COAST)	UNITS	REQUISITES
LFS203 Integrated Physiology	• Semester 1	12	Pre:

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			LFS112 Anti: LFS201 and LFS202
LFS251 Biochemistry	• Semester 1	12	Pre: SCI105 and (LFS100 or LFS103) Anti: MBT251
NUT201 Food Studies	• Semester 1	12	Pre: SCI105 Anti: FSN201
NUT212 Principles of Nutrition	• Online: Session 1, Semester 1	12	Pre: LFS103 or LFS112 or HLT100 or SPX103 Anti: FSN212

Semester 2

COURSE	SEMESTER OF OFFER (SUNSHINE COAST)	UNITS	REQUISITES
NUT205 Public Health Nutrition	• Semester 2	12	Pre: (NUT211 or NUT102) and PUB112
NUT232 Nutritional Biochemistry	• Semester 2	12	Pre: MBT251 or LFS251 Anti: BIM212 or BIM352 or BIM252
NUT300 Nutrition for Health and Exercise	• Semester 2	12	Pre: NUT212 or SPX211 Anti: NUT203

PLUS select 1 course from:

COURSE	SEMESTER OF OFFER (SUNSHINE COAST)	UNITS	REQUISITES
PUB205 Food Safety Laws and Regulations	• Semester 2	12	Anti: NUT322
PUB272 Healthy Public Policy and Advocacy	• Semester 2	12	Anti: PUB704 and PUB742
SPX211 Exercise Physiology I	• Semester 2	12	Pre: LFS112 or SPX103

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Year 3

Session 2

COURSE	SEMESTER OF OFFER (SUNSHINE COAST)	UNITS	REQUISITES
NUT306 Nutrition Communication	• Session 2		Pre: NUT205 and (NUT300 or NUT202 or NUT203)

Session 3

COURSE	SEMESTER OF OFFER (SUNSHINE COAST)	UNITS	REQUISITES
NUT307 Nutrition Education	• Session 3		Pre: NUT306 and enrolled in Program SC354

Semester 1

PLUS select 1 course from:

COURSE	SEMESTER OF OFFER (SUNSHINE COAST)	UNITS	REQUISITES
LFS303 Pathophysiology	• Semester 1	12	Pre: (LFS201 and LFS202) or LFS203 or Co: LFS201 or LFS203 and enrolled in Program SC357 Anti: LFS302 or NUR221 or PAR221 or HLT221
NUT333 Health Research Design	• Semester 1	12	Pre: (NUT205 and SCI110 and enrolled in program SC354 or SC406) or (SCI110 and HLT205 and enrolled in program SC367) Co: For students enrolled in SC406, NUT351
SWK251 Working with First Nations Peoples and Multicultural Communities	• Semester 1, Semester 2	12	Anti: SCS251

PLUS select 2 courses from your chosen minor

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Semester 2

COURSE	SEMESTER OF OFFER (SUNSHINE COAST)	UNITS	REQUISITES
NUT303 Food, Nutrition and Menu Design	• Semester 2	12	Pre: (NUT202 or NUT203 or NUT300) and NUT201
NUT304 Nutrition Practicum	• Semester 1, Semester 2	12	Pre: Course Coordinator Consent Required and NUT205 and enrolled in Program SC354
NUT305 Food and the Consumer	• Semester 1	12	Pre: (NUT102 or NUT211) and NUT205

PLUS select 1 course from your chosen minor

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Program requirements and notes

In order to graduate you must:

- Successfully complete 288 units as outlined in the Program Structure
- Complete no more than 10 introductory level (100 coded) courses

Program notes

- Completing this program within the specified (full-time) duration is based on studying 48 unit points per semester (normally 4 courses) and following the recommended study sequence
- The unit value of all courses is 12 units unless otherwise specified
- It is each students responsibility to enrol correctly according to your course requisites, program rules and requirements and be aware of the academic calendar dates
- Courses within this program are assessed using a variety of assessment methods which may include essays, seminar presentations, reports, in-class tests and examinations
- As part of your UniSC program, you may apply to Study Overseas to undertake courses with an overseas higher education provider
- Only a full-time study option is available to international students on a Student Visa
- Refer to the Managing your progression page for help in understanding your program structure, reviewing your progress and planning remaining courses.
- The Exercise and Sport minor, Public Health Nutrition minor and Indigenous Health Wellbeing Minor will be progressively rolled out at Moreton Bay (offered fully in 2025).
- Students undertaking the Exercise and Sport Minor must complete SPX211 from the required discipline select from list in program.
- Students who wish to apply for entry into the Masters of Dietetics (Sports Nutrition) will need to complete NUT333 Health Research Design and SPX211 Exercise Physiology I from the required discipline select from lists in program. It is highly recommended that students also select Exercise and Sport Minor.

WIL notes

- This program includes placements in settings that may require COVID-19 vaccination with limited placement in setting that do not require full vaccination.
- It is a Queensland Government requirement that students undertaking a placement within a clinical setting are fit tested annually for an approved respirator. Clinical settings include hospitals, residential aged care facilities, residential disability care facilities, prison health services, youth detention health services, community health care settings, and vaccination clinics). If the Fit Testing requirement applies to placement activity within your Program it will appear in your mandatory checks on Sonia Online. In accordance with Australian Standards, you must be clean shaven for your fit test. Facial hair that lies along the sealing surface of a

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tight-fitting respirator prevents an effective seal. Therefore, it is a requirement that there is no hair growth between the skin and the facepiece sealing surface in order to achieve a fit. At this stage, there is no exemption in Queensland to this requirement for religious or other reasons and USC is unable to waive this requirement.

- For more information on mandatory requirements refer to Nutrition - Placement

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