

Bachelor of

# Recreation and Outdoor Environmental Studies



Sunshine Coast, Semester 1 2022

## Program structure

### Introductory courses (4) 48 units

**EDU119** English Language and Literacy  
**OES100** Outdoor Living and Travel Skills  
**OES101** Foundations of Outdoor Environmental Studies  
**SPX102** Introduction to Coaching Science

### Health and Physical Education major (8) 96 units

**HLT100** Anatomy and Physiology  
**SPX101** Introduction to Sport and Exercise Science  
**NUT212** Principles of Nutrition  
**OES240** Leading Groups in Outdoor Environments  
**SPX231** Motor Control and Learning  
**OES300** Outdoor Environmental Expeditions  
**OES301** Leading Coastal Environmental Studies  
**NUT300** Nutrition for Health and Exercise

### Minor courses (4) 48 units

Environmental Management  
Indigenous Studies  
Marine Science  
Restoration and Conservation  
Sustainability

### Elective courses (8) 96 units

Select 8 elective courses (96 units) from the undergraduate elective course options.

If you wish to use your electives to complete 4 courses in a discipline that links to a secondary school subject (e.g. English), you will need to choose only one 100-level course in your list of 4 courses to be eligible to use these as a teaching area.

Note: Program structures are subject to change. Not all USC courses are available on every USC campus.

**Total units: 288**

## Study sequence

This Bachelor of Recreation and Outdoor Environmental Studies recommended study sequence is for students commencing in the current semester.

[usc.edu.au/ed312](http://usc.edu.au/ed312)

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Study options and teaching period of offer can vary depending on the study location. For full details, visit [usc.edu.au](http://usc.edu.au).

## Year 1

### Semester 1

| COURSE  | SEMESTER OF OFFER<br>(SUNSHINE COAST) | UNITS | REQUISITES   |
|---|---------------------------------------|-------|--|
| <b>EDU119</b> English Language and Literacy                 | • Semester 1, Semester 2              | 12    |  |
| <b>OES100</b> Outdoor Living and Travel Skills              | • Semester 1                          | 12    | Pre:<br>Enrolled in Program AB101,<br>SC110, ED112, ED312, ED315,<br>SC347, UU301, UU302 or<br>XU301 or by permission of the<br>course coordinator |
| <b>SPX101</b> Introduction to Sport and Exercise<br>Science | • Semester 1                          | 12    |  |

PLUS select either 1 course from chosen minor

OR select 1 elective course from the undergraduate elective course options.

### Semester 2

| COURSE  | SEMESTER OF OFFER<br>(SUNSHINE COAST) | UNITS | REQUISITES   |
|---|---------------------------------------|-------|--|
| <b>OES101</b> Foundations of Outdoor Environmental<br>Studies | • Semester 2                          | 12    | Pre:<br>Enrolled in Program AB101,<br>SC110, SC347, ED112, ED312,<br>ED315 or XU301, UU301 or<br>UU302 or by permission of the<br>course coordinator   |
| <b>SPX102</b> Introduction to Coaching Science                | • Semester 2                          | 12    | Anti:<br>SPX321  |
| <b>HLT100</b> Anatomy and Physiology                          | • Semester 1, Semester 2              | 12    | Pre:<br>Enrolled in Program SC010,<br>SC108, ED312, ED315, SC306,<br>SC347, SC367, SC391, SC392,<br>SC393 or Applied<br>Environmental Health Extended<br>Major<br><br>Anti:<br>( <b>LFS112</b> or LFS201 or LFS202)<br>and <b>LFS122</b> |

PLUS select either 1 course from chosen minor

OR select 1 elective course from the undergraduate elective course options.

## Year 2

### Semester 1

| COURSE                                | SEMESTER OF OFFER<br>(SUNSHINE COAST) | UNITS | REQUISITES |
|---------------------------------------|---------------------------------------|-------|------------|
| <b>NUT212</b> Principles of Nutrition | • Online: Semester 1                  | 12    | Pre:       |

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**LFS103 or LFS112 or SPX103**

Anti:  
FSN212

**OES240** Leading Groups in Outdoor  
Environments

• Semester 1

12

Pre:  
**OES101** or enrolled in Program  
ED112

Co:  
**OES100**

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PLUS select 1 course from chosen minor

OR select 1 elective course from the undergraduate elective course options.

PLUS select either 1 course from chosen minor

OR select 1 elective course from the undergraduate elective course options.

### Semester 2

| COURSE  | SEMESTER OF OFFER<br>(SUNSHINE COAST) | UNITS | REQUISITES  |
|---|---------------------------------------|-------|---|
| <b>SPX231</b> Motor Control and Learning        | • Semester 2                          | 12    | Pre:<br><b>LFS122 or HLT100 or SPX103</b>   |
| <b>NUT300</b> Nutrition for Health and Exercise | • Semester 2                          | 12    | Pre:<br><b>NUT212 or SPX211</b><br><br>Anti:<br><b>NUT202 or NUT203 or SPX352</b> |

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PLUS select either 1 course from chosen minor

OR select 1 elective course from the undergraduate elective course options.

PLUS select either 1 course from chosen minor

OR select 1 elective course from the undergraduate elective course options.

## Year 3

### Semester 1

| COURSE  | SEMESTER OF OFFER<br>(SUNSHINE COAST) | UNITS | REQUISITES  |
|---|---------------------------------------|-------|---|
| <b>OES300</b> Outdoor Environmental Expeditions | • Semester 1                          | 12    | Pre:<br><b>OES100</b> and enrolled in<br>Program ED312, ED315 or<br>SC347<br><br>Co:<br><b>OES240</b> |

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PLUS select either 1 course from chosen minor

OR select 1 elective course from the undergraduate elective course options.

PLUS select either 1 course from chosen minor

OR select 1 elective course from the undergraduate elective course options.

PLUS select either 1 course from chosen minor

OR select 1 elective course from the undergraduate elective course options.

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## Semester 2

| COURSE  | SEMESTER OF OFFER<br>(SUNSHINE COAST) | UNITS | REQUISITES  |
|---|---------------------------------------|-------|---|
| <b>OES301</b> Leading Coastal Environmental Studies | • Semester 2                          | 12    | Pre:<br><b>OES300</b> and enrolled in<br>Program ED315 or ED312 |

PLUS select either 1 course from chosen minor  
OR select 1 elective course from the undergraduate elective course options.

PLUS select either 1 course from chosen minor  
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PLUS select either 1 course from chosen minor  
OR select 1 elective course from the undergraduate elective course options.

## Program requirements and notes

### Program requirements

In order to graduate you must:

- Successfully complete 288 units as outlined in program structure
- Complete no more than 10 introductory level (100 coded) courses (120 units), including the core course
- Complete 25 days Outdoor Environmental Fieldwork on Fraser Island and other natural environments on the Sunshine Coast

In order to commence Supervised Professional Experience placement you must:

- Have a National Criminal History check (by Queensland Police Service or other state/territory authority)
- Travel to attend field education placements
- A Blue Card is required, refer to Requirements for placements

### Program notes

- Completing this program within the specified (full-time) duration is based on studying 48 unit points per semester (normally 4 courses) and following the recommended study sequence
- The unit value of all courses is 12 units unless otherwise specified
- It is each student's responsibility to enrol correctly according to your course requisites, program rules and requirements and be aware of the academic calendar dates
- Courses within this program are assessed using a variety of assessment methods including essays, seminar presentations, reports and examinations. Not all courses will necessarily include all methods
- Only a full-time study option is available to international students on a Student Visa
- Students will need to be aware of the physical components and location requirements of the program. If you have a disability, medical condition or any concerns that may affect your potential participation in some of the practical components of the program, you are invited to discuss your options with the program coordinator
- Refer to the Managing your progression page for help in understanding your program structure, reviewing your progress and planning remaining courses.

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