

Bachelor of

Recreation and Outdoor Environmental Studies



Sunshine Coast, Semester 2 2022

Program structure

Introductory courses (4) 48 units

EDU119 English Language and Literacy
OES100 Outdoor Living and Travel Skills
OES101 Foundations of Outdoor Environmental Studies
SPX102 Introduction to Coaching Science

Health and Physical Education major (8) 96 units

HLT100 Anatomy and Physiology
SPX101 Introduction to Sport and Exercise Science
NUT212 Principles of Nutrition
OES240 Leading Groups in Outdoor Environments
SPX231 Motor Control and Learning
OES300 Outdoor Environmental Expeditions
OES301 Leading Coastal Environmental Studies
NUT300 Nutrition for Health and Exercise

Minor courses (4) 48 units

Environmental Management
Indigenous Studies
Marine Science
Restoration and Conservation
Sustainability

Elective courses (8) 96 units

Select 8 elective courses (96 units) from the undergraduate elective course options.

If you wish to use your electives to complete 4 courses in a discipline that links to a secondary school subject (e.g. English), you will need to choose only one 100-level course in your list of 4 courses to be eligible to use these as a teaching area.

Note: Program structures are subject to change. Not all USC courses are available on every USC campus.

Total units: 288

Study sequence

This Bachelor of Recreation and Outdoor Environmental Studies recommended study sequence is for students commencing in the current semester.

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Study options and teaching period of offer can vary depending on the study location. For full details, visit usc.edu.au.

Year 1

Semester 2

COURSE	SEMESTER OF OFFER (SUNSHINE COAST)	UNITS	REQUISITES
HLT100 Anatomy and Physiology	• Semester 1, Semester 2	12	Pre: Enrolled in Program SC010, SC108, ED312, ED315, SC306, SC347, SC367, SC391, SC392, SC393 or Applied Environmental Health Extended Major Anti: (LFS112 or LFS201 or LFS202) and LFS122
OES101 Foundations of Outdoor Environmental Studies	• Semester 2	12	Pre: Enrolled in Program AB101, SC110, SC347, ED112, ED312, ED315 or XU301, UU301 or UU302 or by permission of the course coordinator
SPX102 Introduction to Coaching Science	• Semester 2	12	Anti: SPX321

PLUS select either 1 course from chosen minor
OR select 1 elective course from the undergraduate elective course options.

Semester 1

COURSE	SEMESTER OF OFFER (SUNSHINE COAST)	UNITS	REQUISITES
EDU119 English Language and Literacy	• Semester 1, Semester 2	12	
OES100 Outdoor Living and Travel Skills	• Semester 1	12	Pre: Enrolled in Program AB101, SC110, ED112, ED312, ED315, SC347, UU301, UU302 or XU301 or by permission of the course coordinator
SPX101 Introduction to Sport and Exercise Science	• Semester 1	12	

PLUS select either 1 course from chosen minor
OR select 1 elective course from the undergraduate elective course options.

Year 2

Semester 2

COURSE	SEMESTER OF OFFER (SUNSHINE COAST)	UNITS	REQUISITES
SPX231 Motor Control and Learning	• Semester 2	12	Pre:

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PLUS select either 1 course from chosen minor
OR select 1 elective course from the undergraduate elective course options.

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Semester 1

COURSE	SEMESTER OF OFFER (SUNSHINE COAST)	UNITS	REQUISITES
NUT212 Principles of Nutrition	• Online: Semester 1	12	Pre: LFS103 or LFS112 or SPX103 Anti: FSN212
OES240 Leading Groups in Outdoor Environments	• Semester 1	12	Pre: OES101 or enrolled in Program ED112 Co: OES100
OES300 Outdoor Environmental Expeditions	• Semester 1	12	Pre: OES100 and enrolled in Program ED312, ED315 or SC347 Co: OES240

PLUS select either 1 course from chosen minor
OR select 1 elective course from the undergraduate elective course options.

Year 3

Semester 2

COURSE	SEMESTER OF OFFER (SUNSHINE COAST)	UNITS	REQUISITES
NUT300 Nutrition for Health and Exercise	• Semester 2	12	Pre: NUT212 or SPX211 Anti: NUT202 or NUT203 or SPX352
OES301 Leading Coastal Environmental Studies	• Semester 2	12	Pre: OES300 and enrolled in Program ED315 or ED312

Select either 1 course from chosen minor
OR select 1 elective course from the undergraduate elective course options.

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Select either 1 course from chosen minor
OR select 1 elective course from the undergraduate elective course options.

Semester 1

Select either 1 course from chosen minor
OR select 1 elective course from the undergraduate elective course options.

Select either 1 course from chosen minor
OR select 1 elective course from the undergraduate elective course options.

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Program requirements and notes

Program requirements

In order to graduate you must:

- Successfully complete 288 units as outlined in program structure
- Complete no more than 10 introductory level (100 coded) courses (120 units), including the core course
- Complete 25 days Outdoor Environmental Fieldwork on Fraser Island and other natural environments on the Sunshine Coast

In order to commence Supervised Professional Experience placement you must:

- Have a National Criminal History check (by Queensland Police Service or other state/territory authority)
- Travel to attend field education placements
- A Blue Card is required, refer to Requirements for placements

Program notes

- Completing this program within the specified (full-time) duration is based on studying 48 unit points per semester (normally 4 courses) and following the recommended study sequence
- The unit value of all courses is 12 units unless otherwise specified
- It is each student's responsibility to enrol correctly according to your course requisites, program rules and requirements and be aware of the academic calendar dates
- Courses within this program are assessed using a variety of assessment methods including essays, seminar presentations, reports and examinations. Not all courses will necessarily include all methods
- Only a full-time study option is available to international students on a Student Visa
- Students will need to be aware of the physical components and location requirements of the program. If you have a disability, medical condition or any concerns that may affect your potential participation in some of the practical components of the program, you are invited to discuss your options with the program coordinator
- Refer to the Managing your progression page for help in understanding your program structure, reviewing your progress and planning remaining courses.